



“Statistics devastatingly show that suicide is the number one cause of death of Utah children ages 10-17. In addition, our schools and communities are facing crisis-level safety concerns,” Attorney General Sean Reyes said in a statement. “We are both excited about and hopeful that such a resource will provide a lifeline to students who feel they have nowhere else to turn and that life is not worth living anymore.”

## What is SafeUT Crisis Text & Tip Line?

The SafeUT Crisis Text and Tip Line is a statewide service that provides real-time crisis intervention to youth through texting and a confidential tip program – right from your smartphone.

Licensed clinicians in our 24/7 CrisisLine call center respond to all incoming chats, texts, and calls by providing:

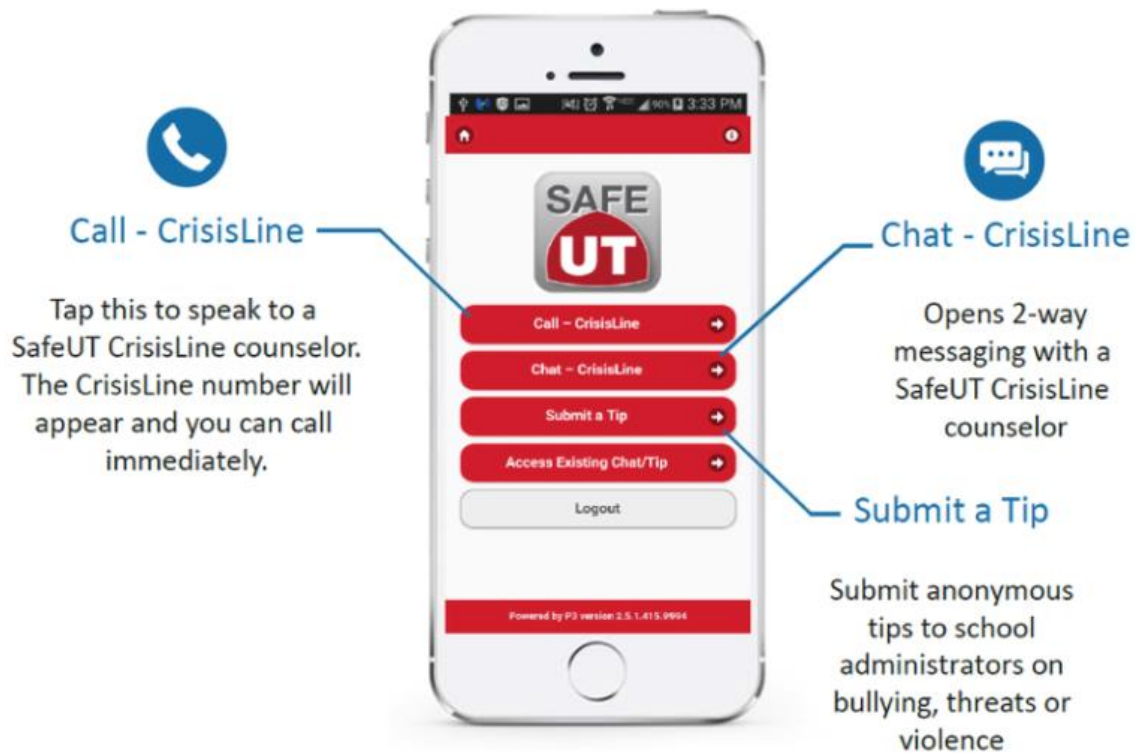
- supportive or crisis counseling,
- suicide prevention,
- and referral services.

We can help anyone with emotional crises, bullying, relationship problems, mental health, or suicide related issues.

## Free, Anonymous, & Confidential Crisis Services

SafeUT is free, anonymous, and confidential.

If an “active rescue” is necessary – meaning our crisis counselor believes the user is in immediate danger – counselor will alert emergency services to attempt a face-to-face safety evaluation based on the information provided by the user.



## **Key Features of SafeUT**

The SafeUT program and app help youth stay healthy and safe in schools by providing high-quality, confidential counseling services. The app's key features include:

- Anonymous, confidential, and password protected services
- Real-time, two-way communication with SafeUT crisis counselors available 24/7
- Tips can be submitted with picture and/or video
- Mobile app works with Apple & Android devices

## **SafeUT's Crisis Services**

Safe UT answers crisis calls, texts, and chats – about yourself or someone else – 24/7. These services are anonymous and confidential. Our counseling topics include:

- Suicide
- Self-harm
- Emotional crisis
- Grief and loss
- Drug and alcohol problems
- Mental health
- Abuse
- Impact of domestic violence