

Dear Parents and Students,

We want to make you aware of some upcoming events happening at Vista Heights.

Monday, Jan 12th thru Friday, Jan 16th is HOPE week.

The Hope Squad has planned great activities to promote unity and hope to our students. The theme for the week is, "Be Gold".

A preview of the activities is as follows:

MUSIC MONDAY: The challenge for the day is: "Be Gold-Be who you are!"

Please feel free to preview the video online at

https://www.youtube.com/watch?v=4u_TcXJlbcA&list=RD4u_TcXJlbcA#t=0

Each student will be given a gold wristband to be worn all week.

TOGETHER TUESDAY: Today's challenge for the day is: "Link with Someone You Don't Know!"

Students please wear bright colors for HOPE. A special TEAL TIME activity will happen.

WARRIOR WEDNESDAY: The challenge for the day is: "Find the Warrior Within and Stand Up for One Another!"

Fun lunchtime challenges for students and teachers will be happening.

THANKFUL THURSDAY: Today's challenge is: "Tell Someone Thanks!"

Thankful wall notes will be written and displayed.

FRIENDSHIP FRIDAY: The challenge for the day is: "Make a New Friend!"

An assembly will be presented by Tommy Wells. You can preview his motivational assembly on line at

<https://www.youtube.com/watch?v=LCAUjzHuBJI> .

Students can exchange their gold wristband for a Hope squad silicone band during lunchtime.

We are excited about Vista Heights Hope week and look forward to everyone's participation.