

# Welcome to your 7<sup>th</sup> grade Utah History Resource Resiliency Lesson

Week of August 24-28, 2020



# Meet Your Counselor!

Every student has a school counselor! Students with last names with the following letters belong to the following counselors:



A-C



D-J



K-P



Q-Z





**Your future starts now!**

College and Career Readiness for High School





With a little planning and some knowledge, the sky is the limit for your future!





# Elementary School: Learning how to learn



Does middle school matter?



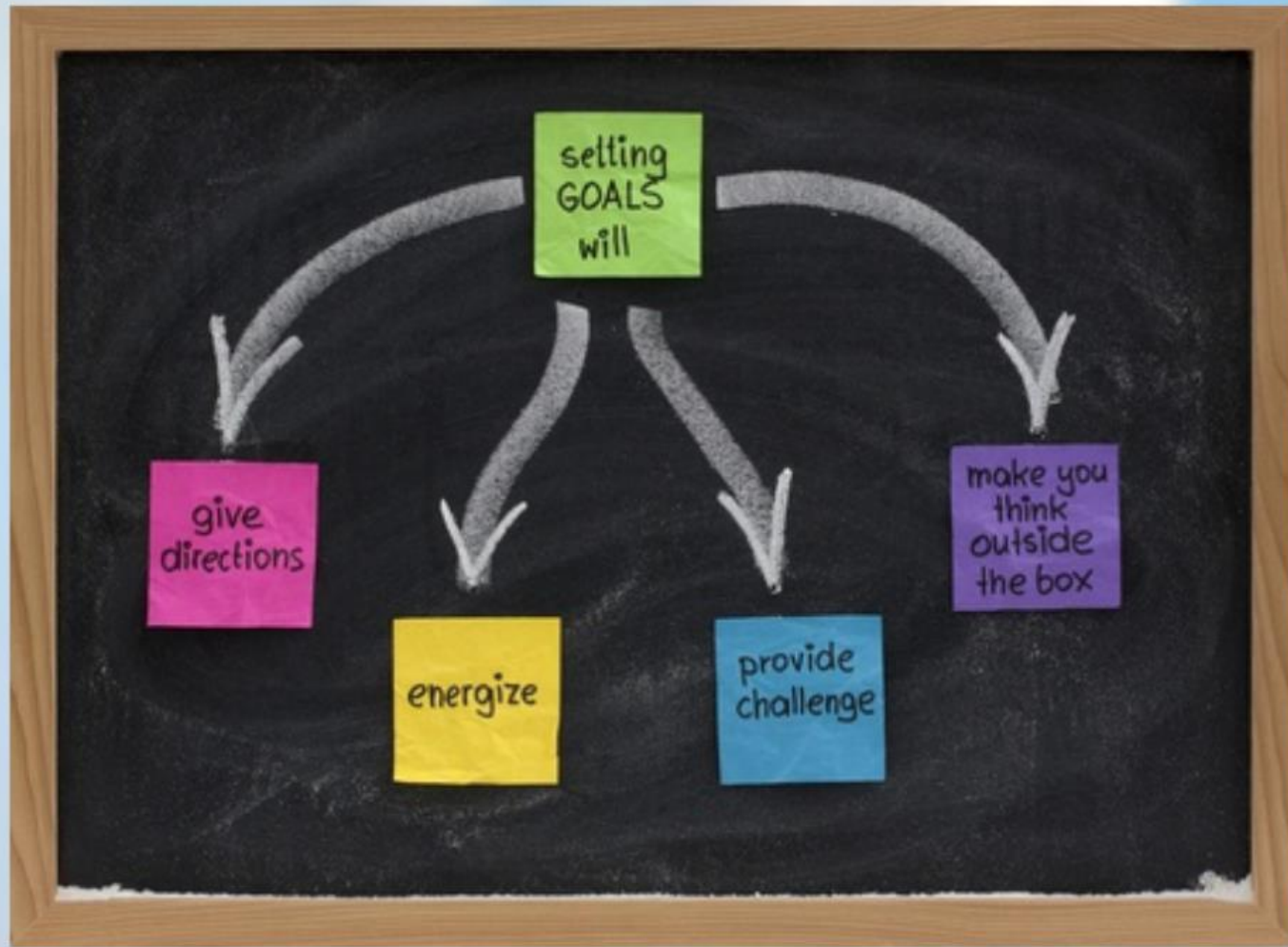
# Middle School: Learning how to plan, set, and accomplish goals

I want to be a....

I am good at....

School is easy when I...







**Have a plan - a 4 year plan  
(by 8th grade)**



## Take Rigorous Classes:

- \* Honors Class
- \* AP Classes
- \* Concurrent Enrollment
- \* Two years of a World Language

**And classes that really interest you!**



Your

# GPA

Grade Points  
A=4.0, A-3.7  
B=3.4, B-3.0, B-2.7  
C=2.4, C-2.0, C-1.7  
D=1.4, D-1.0, D-0.7  
F=0

Matters



## Grade Points

A+ = N/A, A = 4.0, A- = 3.7

B+ = 3.4, B = 3.0, B- = 2.7

C+ = 2.4, C = 2.0, C- = 1.7

D+ = 1.4, D = 1.0, D- = 0.7

F = 0



3.

A = \_\_\_\_\_  
A = \_\_\_\_\_  
A = \_\_\_\_\_  
A = \_\_\_\_\_  
A = \_\_\_\_\_  
A = \_\_\_\_\_  
A = \_\_\_\_\_  
A- = \_\_\_\_\_

add all numbers = \_\_\_\_\_ / 8 = \_\_\_\_\_

Add up all the numbers and divide by 8 to find the GPA.

GPA = \_\_\_\_\_

### Grade Points

A+=N/A, A=4.0, A-=3.7

B+=3.4, B=3.0, B-=2.7

C+=2.4, C=2.0, C-=1.7

D+=1.4, D=1.0, D-=0.7

F= 0

4.

A- = \_\_\_\_\_

F = \_\_\_\_\_

A = \_\_\_\_\_

F = \_\_\_\_\_

C+ = \_\_\_\_\_

F = \_\_\_\_\_

F = \_\_\_\_\_

C+ = \_\_\_\_\_

add all numbers = \_\_\_\_\_ / 8 = \_\_\_\_\_

Add up all the numbers and divide by 8 to find the GPA.

GPA = \_\_\_\_\_



1. (Example)

A = 4

A = 4

A- = 3.7

A = 4

A = 4

B- = 2.7

A- = 3.7

A = 4

add all numbers =  $30.1 / 8 = 3.7625$

Add up all the numbers and divide by 8 to find the GPA.

GPA = 3.76

Grade Points

A+=N/A, A=4.0, A-=3.7

B+=3.4, B=3.0, B-=2.7

C+=2.4, C=2.0, C-=1.7

D+=1.4, D=1.0, D-=0.7

F= 0

2.

B = \_\_\_\_\_

B+ = \_\_\_\_\_

B- = \_\_\_\_\_

F = \_\_\_\_\_

A = \_\_\_\_\_

C = \_\_\_\_\_

C = \_\_\_\_\_

A = \_\_\_\_\_

add all numbers = \_\_\_\_\_ / 8 = \_\_\_\_\_

Add up all the numbers and divide by 8 to find the GPA.

GPA = \_\_\_\_\_



# Complete Middle School Requirements:

English	2 credits
Math	2 credits
Science	2 credits
Social Studies	1.5 credits
CTE	1 credit
Fine Arts	1 credit
PE/Health	1.5 credits
Digital Studies	.5 credits
Electives	3.5 credits
Total =	15 credits

