

Study Skills Tips For Students And Parents

These Ideas are taken from Linda O'brien's booklet
"How To Get Good Grades In 10 Easy Steps"
To order - www.woodburnpress.com

1. Believe In Yourself

2. Be Organized

- a. use an assignments notebook / planner
- b. use folders for class work
- c. have phone numbers for classmates
- d. keep your locker and backpack neat
- e. get organized before you go to bed

3. Manage Your Time Well

- a. use class time and the learning resource center
- b. create your own study schedule
- c. prepare ahead of time for interruptions in your study schedule

4. Be Successful In The Classroom

- a. learn how to adapt to different teachers
- b. be in school, on time, everyday
- c. be prepared for each class
- d. sit in the front of the class if possible
- e. be aware of your body language and nonverbal behavior
- f. always do your homework
- g. participate in class
- h. be a good group member
- i. treat others with courtesy and respect
- j. involve your parents

5. Take Good Notes

- a. be an active listener
- b. take notes to help you pay attention
- c. recognize important information
- d. take notes that are easy to read
- e. go over your notes as soon as possible
- f. get lecture notes if you are absent

6. Know How To Read A Textbook

- a. scan the text before reading
- b. read with a purpose
- c. review the information you read

7. Study Smart

- a. find a good place to study
- b. getting started is the hardest part
- c. know your learning style
- d. organize your study time
- e. know how to study for a test
- f. use tricks to help you memorize information
- g. know how to write a paper
- h. use tricks when making a presentation or speech
- i. learn to use a computer / word processing

8. Use Test - Taking Strategies

- a. get off to a good start
- b. develop a plan
- c. mark questions that you want to return to
- d. increase your odds on multiple choice questions
- e. look for key word in true / false questions
- f. know how to approach essay questions
- g. show your work / draw a picture
- h. be prepared for open book tests
- i. check your answers
- j. go over previously returned tests

9. Reduce Test Anxiety

- a. start studying early
- b. use relaxation techniques

10. Get Help When You Need It

Tips For Parents

- a. be interested
- b. discuss classes and set goals
- c. offer to help
- d. listen
- e. encourage school involvement
- f. monitor activities and jobs
- g. work with the school