

**CVJH TRACK SCHEDULE 2019**

DAY	DATE	SCHOOL DAY	LOCATION	TIME
<b>WEEK 1</b>				
Monday	2/25	A	Canyon View	2:30 PM
Tuesday	2/26	B	Orem High	3:00 PM
Wednesday	2/27	A	Canyon View	2:30 PM
Thursday	2/28	B	Orem High	3:00 PM
<b>WEEK 2</b>				
Monday	3/4	<b>NO SCHOOL</b>	<b>PRACTICE ON OWN</b>	
Tuesday	3/5	B	Orem High	3:00 PM
Wednesday	3/6	A	Canyon View	2:30 PM
Thursday	3/7	B	Orem High	3:00 PM
<b>WEEK 3</b>				
Monday	3/11	B	Orem High	3:00 PM
Tuesday	3/12	A	Canyon View	2:30 PM
Wednesday	3/13	<b>MEET vs. OAK CANYON</b>	<b>OREM HIGH</b>	<b>3:00 PM</b>
Thursday	3/14	A	Canyon View	2:30 PM
<b>WEEK 4</b>				
Monday	3/18	A	Canyon View	2:30 PM
Tuesday	3/19	<b>MEET vs. AF JUNIOR</b>	<b>AMERICAN FORK HIGH</b>	<b>3:00 PM</b>
Wednesday	3/20	A	Canyon View	2:30 PM
Thursday	3/21	B	Orem High	3:00 PM
<b>WEEK 5</b>				
Monday	3/25	<b>MEET vs. MOUNTAIN RIDGE</b>	<b>OREM HIGH</b>	<b>3:00 PM</b>
Tuesday	3/26	A	Canyon View	2:30 PM
Wednesday	3/27	B	Orem High	3:00 PM
Thursday	3/28	A	Canyon View	2:30 PM
<b>WEEK 6</b>				
Monday	4/1	<b>SPRING BREAK</b>	<b>PRACTICE ON OWN</b>	
Tuesday	4/2	<b>SPRING BREAK</b>	<b>PRACTICE ON OWN</b>	
Wednesday	4/3	<b>SPRING BREAK</b>	<b>PRACTICE ON OWN</b>	
Thursday	4/4	<b>SPRING BREAK</b>	<b>PRACTICE ON OWN</b>	
<b>WEEK 7</b>				
Monday	4/8	A	Canyon View	2:30 PM
Tuesday	4/9	<b>MEET vs. TIMBERLINE</b>	<b>LONE PEAK HIGH</b>	<b>3:00 PM</b>
Wednesday	4/10	A	Canyon View	2:30 PM
Thursday	4/11	B	Orem High	3:00 PM
<b>WEEK 8</b>				
Monday	4/15	B	Orem High	3:00 PM
Tuesday	4/16	A	Canyon View	2:30 PM
Wednesday	4/17	B	Orem High	3:00 PM
Thursday	4/18	A	Canyon View	2:30 PM
<b>WEEK 9</b>				
Monday	4/22	A	Canyon View	2:30 PM
Tuesday	4/23	<b>ALPINE DAYS</b>	<b>MOUNTAIN VIEW HIGH</b>	<b>TBA</b>
Wednesday	4/24	<b>ALPINE DAYS</b>	<b>MOUNTAIN VIEW HIGH</b>	<b>TBA</b>

**Track Meet**  
**Order of Events**  
**100 M**  
**1600 M**  
**4x100 M**  
**400 M**  
**800 M**  
**200 M**  
**3200 M**  
**4 X 400 M**