



7th Grade CCR – College and Career Readiness

Your CCR is Your Roadmap to Success

Useful Tips for Parents and Students:

Identify Interests and Abilities

- Celebrate student strengths
- Become involved in a variety of interests & activities including sports, clubs, arts, leadership and service



Set Academic Goals

- Encourage career exploration and school achievement
- Realize performance now directly effects future success
- Maintain good attendance and a positive attitude
- Stay organized and use class time wisely

Develop the Best Available Schedule

- Understand and meet 7th and 8th grade Completion Requirements
- Explore all course offerings before making decisions
- Plan a challenging & balanced schedule of classes
- Learn about college entrance requirements



Create a Plan for High School and Beyond

- Visit the CVJH Counseling Website @ canyonview.alpineschools.org/counseling/
- Develop a plan to attend and pay for college using savings, scholarships & other resources
- Research educational and career options that fit your interests and abilities. Take an interest inventory or search careers at utahfutures.org



- Learn about college entrance requirements

Improve your Study Skills

- Believe in Yourself
- Be Organized – use a planner, use folders and use skyward ↓ canyonview.alpineschools.org click the “skyward” link
- Manage Your Time – make studying part of your routine
- Be in School every day on time and prepared for classes- Do your homework – we recommend 70 min per weeknight – involve your parents
- Take Good Notes – listen – underline important words
- Know How to Read a Textbook - scan for key words – read with a purpose - review to check your understanding
- Study Smart – Study in a quiet place - organize your study time – use your best learning style – remember that starting is the hardest part
- Be a Good Test Taker – be prepared - relax - return to hard questions later - show all your work
- Ask for Help from a teacher, parent, friend or counselor Teachers are available to help most days after school
- Use Class Time to Finish Homework – use your time at the end of class & during homeroom to finish homework



7th – 8th Grade Completion Requirements

2.0 Credits of English/Language Arts

1.0 English 7

1.0 English 8

2.0 Credits Science

1.0 7th Int. Science

1.0 8th Int. Science

1.5 Credits History

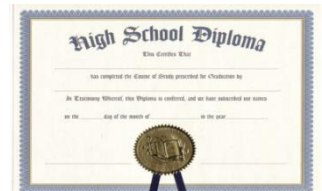
.5 Utah History (7th)

1.0 U.S. History (8th)

2.0 Credits Math

1.0 7th Grade Math (Intermediate Math I or Math Skills)

1.0 8th Grade Math (Intermediate Math I or Int. Math II)



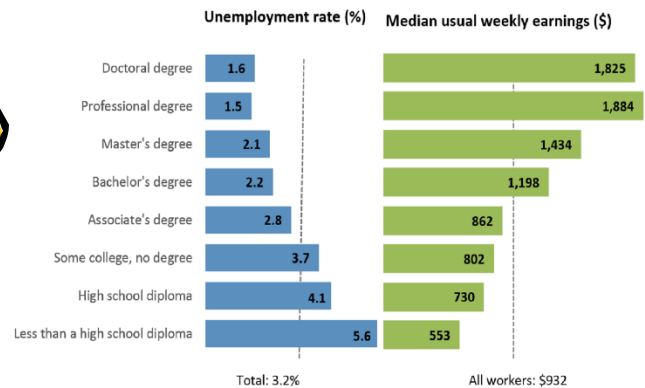
7.5 CORE Credits

6.5 Elective Credits*

14 Credits Total

*All 7th graders are required to take 1.0 unit of Career & College Awareness, .5 unit of PE, and .5 unit of Health. 8th graders are required to take .5 unit of PE. Students who have an IEP must meet requirements set by an IEP team for a completion certificate. Additional core classes above 7.5 credits count towards elective credit. Students with a D- grade or higher get credit.

Unemployment rates and earnings by educational attainment, 2018



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: U.S. Bureau of Labor Statistics, Current Population Survey.

Canyon View School Activities



Specialty Classes offered @ CVJH

Student Council (8th/ 9th grade)
Latinos in Action (9th and some 8th)
Yearbook (8th/ 9th grade)
7th / 8th grade Accelerated Studies
English/ History/Math (test req.)
Choir – Bravo / Treble Trios
Peer Tutoring, Guitar, Child dev.

9th grade Honors Sec. Math I or II
9th grade Honors Biology
9th grade Honors English
9th grade Honors World Geography
Foods, Ceramics, Drawing, Interior Design, Ballroom Dance, Aerobics, Conditioning, Theater Arts, Clothing, Creative Writing



Manufacture, Robotics, Exploring Tech
Bands – Beginning, Jazz, Advanced
Wind Symphonic and Percussion
Orchestra – Beginning, Int. & Adv.
Spanish, French and Chinese,
Studio Art, Computer Science. Web development, Business Office Specialist, Digital Literacy
Animation, Digital Photo



After School Activities offered @ CVJH – Listen to announcements for updates

Chess – Thursdays January to March - see Mr. Mosbacher in room 226



Intramural Sports
see Mr. Lyman in counseling
Soccer September/April
Football October
Ultimate Frisbee November
Basketball March
Volleyball May



FCCLA (Family, Career and Community Leaders of America) 1st and 3rd
Tuesdays – Mrs. Jones rm. 122



Underwater Robots (Seaperch)
see Ms. Damarjian in room 220

Drama Productions – 3 school plays or musicals each year - Ms. Smith room 146 or Ms. Sanders in room 147



Art – See Ms. Wilhelm room 150

Math Counts – Thursdays after School – see Mrs. Curtis room 206

Track Team - (Starts in February – anyone can join 7th/8th/9th grade) – Contact Mr. McBride room 221 or Mr. Turney in room 115 or the Boys Gym



9th grade Boys Basketball team – Coach Sopena - (tryouts in Nov.)
9th grade Girls Basketball team - (tryouts in November)

Cross Country – 7th/ 8th/ 9th grades
Fall season – See Mr. McBride rm. 221 or Mrs. Bruno in the front office

CARES Council (C**on**nection, **A**wareness, **R**espect, **E**mpathy, **S**ervice) – Speak to your Counselor

Student Council Activities – (Listen to announcements for specifics)

Fall Dance - October
Kindness Week - November
Food drive - November
Penny wars – Nov + Dec
Valograms / Singograms – Feb
Valentines Dance - February
Spring Dance – March or April
Student talent show - May
Cinco de Mayo Dance – May
9th grade Lagoon Trip - May



Rewards Programs @ CVJH

5 Star App – Points are awarded on the app by your teachers when they notice a student going above and beyond expectations. Points are also awarded when a student attends a homework appointment after school or during homeroom. Students can use these points to purchase items at the school store.



Others – Honor Roll, 9th Grade end of the year awards, Student of the week (5 per week nominated by teachers), Fantastic Falcon postcards sent home
Summer Reading Contest Awards



High School Sports @ OHS and THS

9th graders – try out for High School sports at Orem (801) 610-8165 or Timpanogos (801) 610-8175 - Contact the H.S. for info
Fall Sports (August tryouts) – Football, Boys Golf, Girls Soccer, Girls Volleyball, Girls Tennis, and Cross County, Swimming
Winter Sports (November tryouts) – Basketball, Wrestling
Spring Sports (February tryouts) – Baseball, Softball, Track, Boys Soccer, Boys Tennis, Girls Golf



Other tryout classes: Ballroom Dance and Cheerleading

