



Special needs,
extraordinary potential



January 2016

Child and Adolescent Anxiety: What Every Parent Should Know

This workshop will cover topics such as worry, avoidance, aches and irritability as well as tools to help address anxiety.

**Thursday, January 28
6:00 – 7:30 PM**

Legacy Elementary Media Center, 28 East 1340 North, American Fork

Presenter: Dr. Matt Swenson

Dr. Swenson is a board certified child & adolescent psychiatrist with the Intermountain Medical Group who practices outpatient psychiatry at the UVRMC Psychiatry and Counseling Center.

He also sits on the board of directors for the United Way of Utah County, the Psychiatry Advisory Committee to the LDS Missionary Department, and the Executive Committee of the Utah Academy of Child & Adolescent Psychiatry.

*Open to all parents who have a student who is struggling, on a Section 504 Plan or an IEP Plan.
Childcare is not provided.*

CHADD OF UTAH - Utah County AD/HD Support Group

Topic: The Emotional Experience for Children with AD/HD

Speaker: Ashley Schmid, PsyD

Thursday, January 14, 2015 - 7:00 – 8:30 pm

Provo City Library, 550 North University Ave., Provo, Young-Card Room #308

If you are a parent of a child with AD/HD or you are an adult with AD/HD, then this support group is just for you!

www.chaddofutah.org

UVU College of Humanities and Social Sciences: 2016 UVU Mental Health Symposium

Friday, January 15th, 2016 - 9am until 4pm

Sorensen Student Center on UVU campus

Keynote presentation from **Attorney General Sean Reyes and Tim Ballard**. They will recount their rescue efforts to free children from the trauma of sex slavery.

For more information and to register, please visit the symposium website at www.uvu.edu/chss/mentalhealth.

**For information on these and other upcoming events visit
<http://alpineschools.org/departments/special-education/community-resource-calendar>
Or Facebook at www.facebook.com/UPCALpine**