

Lakeridge Junior High



LEOPARD-PRIDE

Newsletter

October 2015

Upcoming Events

October

- October 1** Orchestra Concert 7pm
- October 2** Picture Retakes
- October 6** Choir Concert 6pm
- October 7** PTSA Mtg. 1-2pm
- October 7-8** Student Led Conferences-**School Dismissed at Noon both days**
- October 7-9** 7th Grade Art Show
- October 10** Make-A-Wish Family Fun
- October 12-14** Red Ribbon Week
- October 13** Band Concert 6pm
- October 15-19** **FALL BREAK-NO SCHOOL**
- October 23** End of First Term
- October 26** Second Term Begins
- October 29** Studio Art Zoo Field Trip
- October 30** Lakeridge Spirit Day
- October 30** Halloween Party 3pm
- October 31** Halloween

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PTSA

PTSA Announcements

Spirit Day

Spirit Day is October 30, 2015! Be sure to wear school colors and show your Lakeridge school spirit!

PTSA Facebook

Interested in what's happening at Lakeridge Jr. High? Ready to participate in the fun? Join us on Facebook for updates on events and activities at Lakeridge Jr. High and get involved! Search... "Lakeridge Jr High PTSA".

PTSA Email List

If you would like to receive e-mails notifying you of what the PTSA is doing, please send your email address to LoreePTA@gmail.com.

Red Ribbon Week

Red Ribbon Week is coming October 12-14. Look for us at lunch time each day for some fun activities! Join us and take the pledge to be Drug Free!

Reflections

Let your imagination fly and unleash your inner artist with this year's **PTA Reflections Art Contest!** Choreograph a dance, produce a film, write a poem or story, compose a song, take a picture, or create a piece of visual art that tells what the theme, "**Let Your Imagination Fly,**" means to you. Pick up a PTA Reflections Entry Form from the front office. All students are invited to participate. **Art submissions will be due Friday, October 30**, so pick up an entry form today! Call/text Marsha Smith at [801-830-1737](tel:801-830-1737) with questions.

Box Tops for Education

Start--or keep saving Box Tops for Education! Box Tops are found on hundreds of everyday products such as snacks, cereals, baking items, and paper goods. We will be collecting those later this year. Look for more information on when that will happen. Every Box Top is worth 10 cents, and that quickly adds up with everyone's help!

Japanese Exchange Students

Would you like experience another culture without leaving home? Selnate International is hosting Japanese exchange students. 9th grade Junior High School boys from Japan will be here for **6 days from October 28 – November 3 OR October 29 – November 4**. Location is Provo (BYU Conference Center). Hosting a **single** student from this program will pay **\$190**.

This is on a first-come, first-served basis, so we would like to hear from you as soon as possible! If you are interested in hosting this program, please contact, April Zushi at: aprilzfool@yahoo.com.

Please know that in addition to paying the host family \$190 for one student, they also pay the Lakeridge PTSA \$50 as their thanks for helping them place exchange students with great families. We will be working with Selnate and another organization this year placing students for our PTSA fundraiser. If we are able to place enough students, this is the only fundraising we'll do. **If you would like to host, please tell April that you got this information from Lakeridge PTSA so that we can also receive reimbursement.**

Thanks!

Lakeridge PTSA

Spelling Bee

The Lakeridge PTSA Spelling Bee will be held January 26, and it's time to start studying! Any seventh or eighth grader is welcome to sign up for the bee. Optional practice sessions will be held during indoor FLEX (which usually starts in late November or early December) to help students prepare. To sign up for the bee and receive a study list, please email Julie Gritton (julie@gritton.org) or see Mrs. Davis in room 254. Happy Spelling!

Lakeridge Announcements

End of Term

October 23, 2015 is the end of the first term. Be sure to check your student's grades on Skyward!

Extended Resources

Mrs. Davis was selected at the 2015 PBS Digital Learning Media Innovator for Utah. As a result, all teachers at Lakeridge have access to extended resources for your students during the 2015-2016 school year. Please contact Mrs. Davis if you would like to learn more about it.

Latino Parent Night

Latino Parent Night will be held November 16, 2015 at 6:30pm in the Lakeridge Media Center.

*All parents are invited, meeting will be held mostly in Spanish.

Art Department

During Student Led Conference there will be an art show to show the work of the 7th grade art students. Art work is saved throughout the year to exhibit during these special events which occur twice a year. Therefore, work that is done after the second Student Led Conference is carried over to the following year in order for parents and students to witness the full curriculum. So, of course, now some of these students are in the 8th grade, but their selected art for the art show was done while they were in 7th grade.

All students may pick up their work the week following Student Led Conference in Mrs. Hunter's room, 120.

Counseling Department

Lakeridge counselors will be doing 8th grade College and Career Readiness Conferences with all 8th graders from October 7th through November 24th. Parents are encouraged to make their appointment through the Online Scheduler link (www.lakeridge.alpineschools.org) as soon as possible. These conferences between student, parent/guardian, and counselors are not only required by law, but they are also a great way for everyone to work together for the school success of each student involved. If you have any questions, please contact the Lakeridge Counseling Team at [801-610-8136](tel:801-610-8136).

Media Center

Constitution Week

We held the Constitution Bowl here in the library on September 17. There two were teams competed. It was a closely contested match that was not decided until the very last question. The winners were Jared Wise, Anson Wood, Samuel Judd, and Kayla Spieth. These are repeat champions from last year. The student council also held a number of activities in connection with Constitution Week: Famous US historical documents put up around school, hidden patriotic cards redeemable for treats, dance and, lunch time activities (ping pong, "bowling").



Teen Read Week: Get Away @ Your Library



The Lakeridge Library will be celebrating Teen Read Week in October. The library will be hosting a pizza party October 23 for any student or faculty member that reads one fiction book and one nonfiction book between October 12 - October 23. For each pair of books read, the participant will earn a piece of delicious pizza. The more participants read, the more pizza they earn! Some of the other activities during this week are: genre suggestion posters, teacher reading signs, and a teen reading survey to find the hottest book titles at Lakeridge.

Family Consumer Science Department

EMPOWER WITHIN...THE WORLD IS YOURS!

Our theme this year for the state of Utah's Family Career Community Leaders of America (FCCLA) is "Empower within.....The world is yours!"

September 22 and 23rd the State Fall Leadership Conference for all high school and Jr. High FCCLA chapters was held at the Provo Marriott. Lakeridge sent six students representing our FCCLA leadership. Cole Terry, Evelyn Bettridge, Chloe Spencer, Braden Noble, Brinley Ezola and Landon Nelson represented us well. Miss Rock and Mrs. Gonzalez also attended. Tuesday night at the opening general session the students were able to mingle and meet chapter leaders from throughout Utah and the State Executive Council.

The meeting was concluded with a keynote speaker. Abby Stephens spoke to the audience about her challenge and recovery from being paralyzed from the neck down. She then spoke of many other challenges she has overcome in her life to be where she is today. Her speech was very impactful for our students. After the general session our students took part in a planning session for our school chapter.

Wednesday started early with the advisors, Miss Rock and Mrs. Gonzalez, reporting to the advisor workshops. Our students divided up to attend the various workshops held for them during the morning. In these workshops students learn about FCCLA, being leaders and how to run our chapter at Lakeridge.

When the workshops were finished, we met in the ballroom where lunch was served during the closing session. A drawing was held for prizes. Our students did well :) . Evelyn Bettridge was selected to throw a pie at one of the State Executive Council, a highlight for her time at the conference. As we begin our first year as an FCCLA chapter we realize there is a lot to learn. We are still recruiting new members to join us in the fun adventure. Come sign up and be a part of something new.

Please check out the National Website and the Utah FCCLA website to understand more about this wonderful and valuable organization.

National FCCLA: www.fcclainc.org

Utah FCCLA : www.utahfccla.org

Model United Nations (MUN)

Brigham Young University will hold the 25th annual High School Model United Nations (MUN) conference on **October 30**. Lakeridge has fielded teams for the past 23 years and will send another team this year. Students will compete with high schools from throughout the state as they represent countries as diplomats debating and creating resolutions that address current global issues.

For all 9th graders and their parents:

Model United Nations will be held on **December 11, 2015**.

Students have received their country and will continue to research and prepare throughout Term 2. Updates will be sent out as they become available. Lakeridge 9th graders will spend the entire day of **December 11th** participating in the school's 13th annual Model United Nations conference. The simulation will mirror the experience Lakeridge's MUN team will have had at the BYU conference. Please contact your student's social studies teacher with any questions or concerns.

Make-A-Wish Family Fun Run



Lakeridge Jr., Merit Academy, Mt. View High, Orem Elementary Schools, & Utah Medical Alliance are excited to announce the 11th Annual

Family Fun Run

Saturday, October 10th

8:00 am Registration/ t-shirt pick-up

9:00 am 5k/1Mile Run begins

Lakeridge Jr. High School

This event promotes families being together and involved in a healthy, meaningful experience. November is Utah Family Month and this is one of the best ways you can create a family tradition of service and fun! Random prizes and food for everyone!

Register now @ FamilyFunRun.net or @ Lakeridge Jr. High School Financial Office by October 1st for \$6.00 including a free t-shirt. After that date, the fee is \$8.00 and no t-shirt. Make checks payable to Make-A-Wish.

We have an honored "Make-A-Wish Kid"
Like us @ Oremfamilyfunrun!

Trio



Attention 8th & 9th graders! Come join the TRIO club and start preparing for college now. Once a month we will meet during FLEX for a college prep centered activity. As you progress into Mountain View High school, you will have access to ACT waivers, summer college tours and help with filling out college applications and financial aid forms. Pick up an application from the counseling office or email Jason Gibbons at Jason.Gibbons@uvu.edu with any questions.

Smith's Earn & Learn Program

Parents, did you know you can earn money for Lakeridge every time you use your Rewards card at Smith's? To enroll, follow the directions below:

*New online customers

1. Register online at www.smithscommunityrewards.com
2. Click on the "Register" box in the upper right corner.
Or, if you are on the Community Rewards page, click on "Create an Account" box.
3. Sign up for a Smith's Rewards Account by entering your email address, creating a password. Enter your zip code in the "Your location", then by selecting your favorite store, and agreeing to the terms and conditions.
4. A message to check your email inbox will appear.

Check your account, you must click on the link within the body of the email.

*Existing and new customers to link your rewards cart to an organization:

1. Click on the "sign in" box in the upper right corner and use your email address and Proceed to the next step.
2. Click on "My Account" – box will appear when you are signed into your account, Replacing the sign in box.
3. In Account Summary, click on "Edit" rewards Card and input your Smith's reward

Card number. Confirm your information.

4. Click on "Edit" Community Rewards (last selection on Account Summary.) Enter the first few letters of Lakeridge, select Lakeridge from list and click on "Enroll".
5. To verify you are enrolled correctly, you will see your organization's name on the Account Summary Page.
6. REMEMBER, purchases will not count until after you register your rewards card and link to an organization. Members must swipe their registered Smith's Rewards Card or use the phone number that is related to the registered Smith's Rewards Card when shopping for each purchase to count.

Thank you for helping support Lakeridge Junior High School.

Utah Parent Center Parent Night

Special Education Department and

Utah Parent Center presents:

Parent Night!

Thursday, October 22, 2015 6:00-7:30 p.m.

Legacy Elementary Media Center, 28 East 1340 North, American Fork

All parents are invited, whether you have a child who is struggling in school, on a Section 504 Plan or an IEP, or just need great information! Childcare is not provided.

For questions email maria@utahparentcenter.org

Can You Hear Me Now?

How to communicate with your professional teams about your concerns and your child's needs.

Physicians, educators, therapists, and specialists all have unique styles of communication that you can learn about to add your voice to the conversation. We will talk about medical concerns, IEP and 504 accommodations, and how what happens at school affects you at home and vice versa. We will also talk about how to bring your concerns to the table in discussions so that the team or individual providers can agree on a course of action to benefit your child and your family.

Presenter: Terisa Gabrielsen, PhD, NCSP is an Assistant Professor of School Psychology at BYU. She has been working with families in schools, hospitals, and in research for the last 8 years in Utah and the greater Philadelphia area. She is also the Autism Enhancement Coordinator for the Utah Regional Leadership Education in Neurodevelopmental Disabilities program, an interdisciplinary training program for family-centered care of children with special health care needs.

Save-the-date for November Parent Night

Thursday, November 19, 2015 6:00-7:30 p.m.

Taming the Lion Without The Whip: Strategies to Deal with Oppositional, Defiant and Escalating Behaviors

We often get caught using negative and punishing techniques in dealing with children and students who are oppositional and defiant, as well as those who quickly escalate to aggressive and intrusive behavior. This workshop will explore more positive strategies in dealing with these children and how to better manage power struggles.

Save-the-Date for Future Parent Nights:

- Thursday, November 19, 2015 – 6:00-7:30 p.m. **Anger and Defiance**
- Thursday, January 28, 2016 – 6:00-7:30 p.m. **Maintaining Motivation**
- Thursday, February 25, 2016 – 5:30-6:30 p.m. **Transition to Kindergarten**
- Thursday, March 24, 2016 – 6:00-8:00 p.m.
- **Parent Conference**
- Thursday, April 28, 2016 – 6:00-7:30 p.m.
- **Summer Activities**
-

Topics are subject to change.

Questions? Please call Maria Wiscombe at [801-318-1959](tel:801-318-1959) or e-mail maria@utahparentcenter.org

FAMILY★LINKS

Statewide Conference for Parents and Families
of Children and Youth with Disabilities



Featured Presenter:
Jo Mascorro, M.Ed.

BACK BY POPULAR DEMAND!

When 'GO TO YOUR ROOM' Isn't Quite Far Enough....

Strategies to Assist in Teaching Children Ownership and
Management of Their Behavior

October 9—10, 2015

9:00 AM — 3:30 PM (Friday)

9:00 AM — 3:30 PM (Saturday)

Registration starts at 8:00 AM!

Location:

Karen Gail Miller Conference Center
9750 South 300 West
Sandy, UT 84070

\$10 Per Person
Lunch on your own

Register at:

<http://conta.cc/1Jy9Tyt>

*Plan to attend both days, since
concepts build over the two days!*

Questions? Register by phone?
801.272.1051 or Toll Free at 1.800.468.1160
familylinks@utahparentcenter.org

How Many Times Do I Have to Tell You?

Sound familiar? Welcome to the world of parenting! This presentation will provide participants with an array of strategies to assist in teaching children accountability for their behavior. Includes:

- What All Adult Brains Should Know About All Children's Brains
- Don't Look Now Your Behavior is Showing!
- Hints for Survival
- And MUCH MORE!

Target Audience:

Parents of children and youth with special needs who have challenging behavior, including:

- Autism
- Developmental Delays
- ADHD
- Dual Diagnosis and
- Other behavior challenges

Attention Professionals:

Professionals who work with children Pre-K through 12 are welcome to register, but parents will be given preference if registration exceeds the space available.