

Lakeridge Junior High



LEOPARD-PRIDE

Newsletter-Sponsored by Lakeridge Jr. High PTSA

November 2015

Upcoming Events

November

November 4 Honor Society Fall Project
3-4pm

November 5 Orem High School
Wrestling Meeting during Flex

November 9 9th Grade Boys and Girls
Basketball Tryouts 3pm

November 9 Mrs. Davis's Expedition
Presentation 4pm in the Media Center

November 9-13 Lakeridge Food Drive

November 11 PTSA Meeting 1pm

November 16 Latinos in Action Parent
Meeting

November 18-23 School Musical
"Legally Blond" 7pm

November 20 Spirit Day!

November 20 Boys Basketball vs.
Frontier at Lakeridge 3pm

November 25-29 Thanksgiving
Break NO SCHOOL

December

December 2 Boys Basketball vs. PGJR at
Pleasant Grove 3pm

December 2 Girls Basketball vs. PGJR
at Lakeridge 3pm

December 3 Boys Basketball vs. Oak
Canyon at Lakeridge 3pm

December 3 Girls Basketball vs. Oak
Canyon at Oak Canyon 3pm

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PTSA

Leopards Care

Our first Leopards Care day on October 2nd, was a huge success. We had amazing participation and were able to get over 170 letters! Way to go Lakeridge! This will definitely add a lot of holiday cheer to servicemen and women trying to protect our country. We appreciate the support of the students and faculty. Our next Leopards Care day is coming up on December 4th during both lunches. We will be tying fleece blankets for children at Primary Children's hospital, who will not be able to spend the holidays at home. This will be a great activity and we hope that all of our wonderful students will be willing to come and help tie a few knots, get a treat and share the holiday joy of giving service- the real meaning of Christmas ☺!

Also don't forget to wear the school colors on Spirit Days! The next few will be on November 20th during lunch and December 18th. Wear your school colors and come get a treat! We really do love our Leopards they are the BEST!!!

Volunteer Opportunities

Many of you are already wonderful volunteers at Lakeridge and we thank you for that! There are many opportunities at the school to volunteer: once a month, once a year, for 30 minutes during the school day or just once during a special evening event. If you'd like to be informed about these opportunities and know what is happening at your child's school but are not yet receiving our PTSA emails, please email our volunteer coordinator **Andrea Chun** by sending a note to andrea_chun@gmail.com to be put on the mailing list. This does not mean you are making a commitment of any kind, it just gives you all the dates and events where you could possibly be involved - YOU decide if it works for you or not at that time. Usually there is always some sort of sign up attached for each individual event, either a google doc or a signupgenius link.

Thanks for all you do for your children and the Lakeridge community!



Box Tops for Education

We had a successful Box Tops Challenge with the A1 classes at the end of October and raised over \$300 for Lakeridge!! The top two A1 classes were Mr. Schmidt's and Ms. Brown's--together, they collected HALF of the total number of Box Tops and got a donut party as a reward!! Our goal for next year is \$1000. With everyone doing a little, we can do a lot, so KEEP SAVING THOSE BOX TOPS. (Go to boxtops4education.com and learn how to earn even more Box Tops for the school.) You can also turn Box Tops into the Front Office anytime.

Spelling Bee

The Lakeridge PTSA Spelling Bee will be held January 26, and it's time to start studying! Any seventh or eighth grader is welcome to sign up for the bee. Optional practice sessions will be held during indoor FLEX (which usually starts in late November or early December) to help students prepare. To sign up for the bee and receive a study list, please email Julie Gritton (julie@gritton.org) or see Mrs. Davis in room 254. Happy Spelling!

PTSA Facebook

Interested in what's happening at Lakeridge Jr. High? Ready to participate in the fun? Join us on Facebook for updates on events and activities at Lakeridge Jr. High and get involved! Search... "Lakeridge Jr High PTSA".

PTSA Email List

If you would like to receive e-mails notifying you of what the PTSA is doing, please send your email address to LoreePTA@gmail.com.

Lakeridge Announcements

National Geographic Grosvenor Teacher Fellow

Mrs. Davis was selected as a 2015 National Geographic Grosvenor Teacher Fellow. She had the opportunity to go on a National Geographic expedition to the Arctic in June. She will be presenting images and information gathered from the expedition in the Lakeridge Media Center on Monday November 9th at 4:00pm. Please come with your family, the entire community is welcome.

Latino Parent Night

Latino Parent Night will be held November 16, 2015 at 6:30pm in the Lakeridge Media Center.

*All parents are invited, meeting will be held mostly in Spanish.

Early Morning Seminary

Attention 9th grade students: The seminary will be adding an early morning class next semester. If you are interested in making a change to your schedule to include this class, please see your counselor!

Make-A-Wish Family Fun Run

The Make-A-Wish Family Fun Run was a great success! Many people from our community came to walk and run to support a great cause! There were amazing items in the Silent Auction and yummy food for all participants! We appreciate all of the local businesses that supported this event with their generous donations.



5k Winners:

Seth Clarke, Brandon Hoffman and Ethan Walker

1 Mile Winners:

Tyson Hill, Abe Stafford and Thomas Rex

Jr. National Honor Society

The annual Fall Service project for the Lakeridge Chapter of the Jr. National Honor Society will be Wednesday, November 4th in the lunchroom right after school. It has been a tradition the last few years to make from 25-40 tied fleece blankets to donate to a hospital, homeless shelter, or needy families.

This year we are making the blankets for the Festival of Trees. This, and another project in the spring, are service projects every year to fill the requirements to receive the Honor Cords and pin in the 9th grade.

Counseling Department

8th Grade Conferences

Lakeridge counselors will be doing 8th grade College and Career Readiness Conferences with all 8th graders from October 7th through November 24th. Parents are encouraged to make their appointment through the Online Scheduler link (www.lakeridge.alpineschools.org) as soon as possible. These conferences between student, parent/guardian, and counselors are not only required by law, but they are also a great way for everyone to work together for the school success of each student involved. If you have any questions, please contact the Lakeridge Counseling Team at [801-610-8136](tel:801-610-8136).

Parent Survey

Dear Parent,

In order to better serve you and your child, the counseling team at Lakeridge invites you to give us feedback through a 5-minute survey.

Please find the survey at www.CTESurveys.com and enter the survey code: **R91JS2**. Or, scan the code below to take the survey on your device.

Thank you for helping us improve!

LAKERIDGE COUNSELING TEAM



UCAS Open houses

UCAS (Utah County Academy of Sciences) is holding two open houses Thursday, January 21, 2016 and Tuesday, February 2, 2016 from 4:30-6:00 pm. Applications for the 2016-17 school year are being accepted beginning December 1, 2015.

CTE

7th Grade Job Shadow Information and Due Dates

The Career and Technical Education Department (CTE) is excited to announce that our Job Shadow experience for 7th graders in the College and Career Awareness classes will be held on Friday, December 11th. This experience allows students to better understand the world of work, and give them an opportunity to explore an occupation they may want to pursue in the future.

We are requesting that parents help make the arrangements for this experience. Please help your student start identifying possible work locations NOW. All of the students should bring home a Job Shadow "Contract" before the Thanksgiving break. Please make sure you review this with your student and make sure they return it before the Thanksgiving break by Tuesday, November 24th. Be watching for the contract! Please note there will be a worksheet and a grade for this day. Therefore it is imperative that an effort be made to complete this activity.

CTE Intro-Teachers

Brad Schmidt Rachel Gonzalez
Tom Meeks Pam Rock

Trio



Attention 8th & 9th graders! Come join the TRIO club and start preparing for college now. Once a month we will meet during FLEX for a college prep centered activity. As you progress into Mountain View High school, you will have access to ACT waivers, summer college tours and help with filling out college applications and financial aid forms. Pick up an application from the counseling office or email Jason Gibbons at Jason.Gibbons@uvu.edu with any questions.

Smith's Earn & Learn Program

Parents, did you know you can earn money for Lakeridge every time you use your Rewards card at Smith's? To enroll, follow the directions below:

*New online customers

1. Register online at www.smithscommunityrewards.com
2. Click on the "Register" box in the upper right corner.
Or, if you are on the Community Rewards page, click on "Create an Account" box.
3. Sign up for a Smith's Rewards Account by entering your email address, creating a password. Enter your zip code in the "Your location", then by selecting your favorite store, and agreeing to the terms and conditions.
4. A message to check your email inbox will appear.

Check your account, you must click on the link within the body of the email.

*Existing and new customers to link your rewards cart to an organization:

1. Click on the "sign in" box in the upper right corner and use your email address and Proceed to the next step.
2. Click on "My Account" – box will appear when you are signed into your account, Replacing the sign in box.
3. In Account Summary, click on "Edit" rewards Card and input your Smith's reward Card number. Confirm your information.
4. Click on ""Edit" Community Rewards (last selection on Account Summary.) Enter the The first few letters of Lakeridge, select Lakeridge from list and click on "Enroll".
5. To verify you are enrolled correctly, you will see your organization's name on the Account Summary Page.
6. REMEMBER, purchases will not count until after you register your rewards card and Link to an organization. Members must swipe their registered Smith's Rewards Card or use the phone number that is related to the registered Smith's Rewards Card when shopping for each purchase to count.

Thank you for helping support Lakeridge Junior High School.

Utah Parent Center Parent Night



**Utah
Parent
Center**

Special needs,
extraordinary potential



Taming the Lion Without The Whip: Strategies to Deal with Oppositional, Defiant and Escalating Behaviors

We often get caught using negative and punishing techniques in dealing with children and students who are oppositional and defiant, as well as those who quickly escalate to aggressive and intrusive behavior. This workshop will explore more positive strategies in dealing with these children and how to better manage power struggles.

Presented by Marian Hunt M.Ed. and Rian Jensen, LCSW

Thursday, November 19

6:00 – 7:30 PM

Legacy Elementary Media Center, 28 East 1340 North, American Fork

Open to all parents who have a student who is struggling, on a Section 504 Plan or an IEP Plan.

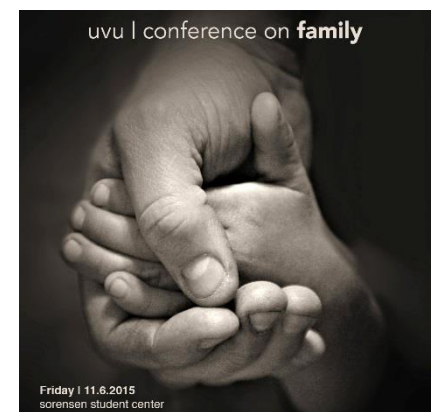
Childcare is NOT provided.

Utah Valley University 2015 Conference on the Family

Friday, November 6, 2015 9:00-4:30

Register at <http://www.uvu.edu/chss/family/>

The conference is designed to meet the interests and needs of those seeking information on strengthening relationships, family life and parenting. We hope to serve the needs of those in all phases of life – beginning relationships (and dating), parenting, committed couples, empty-nesters, extended family members, etc. Topics such as improving family bonds and social interactions, grandparenting, crucial conversations, marital strength training and more will be offered.



CHADD OF UTAH - Utah County AD/HD Support Group

If you are a parent of a child with AD/HD or you are an adult with AD/HD, then this support group is just for you!

Thursday, November 12, 2015 - 7:00 – 8:30 pm

Provo City Library, 550 North University Ave., Provo, Young-Card Room #308

Topic: Why You Need an AD/HD Coach!

Speaker: Steven D. Titensor

www.chaddofutah.org

For information on these and other upcoming events visit

<http://alpineschools.org/specialeducation/> (calendar)

Or Facebook at www.facebook.com/UPCALpine

Questions? Please contact Maria Wiscombe 801-318-1959 or maria@utahparentcenter.org

Save-the-Date for Future Parent Nights:

- Thursday, January 28, 2016 – 6:00-7:30 p.m. **Maintaining Motivation**
- Thursday, February 25, 2016 – 5:30-6:30 p.m. **Transition to Kindergarten**
- Thursday, March 24, 2016 – 6:00-8:00 p.m.
- **Parent Conference**
- Thursday, April 28, 2016 – 6:00-7:30 p.m.
- **Summer Activities**

Topics are subject to change.

Questions? Please call Maria Wiscombe at [801-318-1959](tel:801-318-1959) or e-mail maria@utahparentcenter.org