

# Lakeridge Junior High



LEOPARD-PRIDE

Newsletter

November 2016

## Upcoming Events

### November

**November 3** Advanced Choir Festival  
8am

**November 3** Ballroom Competition  
7pm

**November 4, 11, 18** Spirit Days!

**November 6** Daylight Savings Ends

**November 7** 9<sup>th</sup> Grade Boys and Girls  
Basketball Tryouts 3pm

**November 8** Election Day

**November 9** Yearbook Lunchtime  
Event

**November 9** PTSA Meeting 1pm

**November 11** CCR's End

**November 12** Team Jared Garage  
and Bake Sale

**November 16** Orchestra Clinic

**November 23-27** Thanksgiving  
Break-NO SCHOOL

**November 28- December 2** Foreign  
Language Week

**November 30** Mid-Term

### December

**December 1-5** School Musical

**December 2** Leopards Care  
Activity during both lunches

**December 7** Wrestling Meet 6pm

**December 9** MUN

**December 9** 7<sup>th</sup> Grade Job  
Shadow

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# PTSA

## PTSA Announcements

### Spirit Day

Spirit Day for Lakeridge is every Friday. Come wearing your school colors! The PTSA will have a table set up outside the cafeteria two Fridays a month. If you are wearing a Lakeridge school shirt or a RED or YELLOW shirt (must be mostly a school color) stop by the table and pick up a candy and enter into a drawing for a chance to win a prize at the end of the month. Last month's grand prize was a movie basket with a DVD, candy and popcorn. Four other students won boxes of candy. Please help remind your student to show school pride each Friday!

### PTSA Facebook

Interested in what's happening at Lakeridge Jr. High? Ready to participate in the fun? Join us on Facebook for updates on events and activities at Lakeridge Jr. High and get involved! Search... "Lakeridge Jr High PTSA".

### PTSA Email List

If you would like to receive e-mails notifying you of what the PTSA is doing, please send your email address to [LoreePTA@gmail.com](mailto:LoreePTA@gmail.com).

If you paid your PTSA dues online, you may not be getting any information from the PTSA. There isn't a way for you to give your email or phone number to the PTSA when you pay online, so you still need to contact Loree Miles or Jill Freestone to get your name added to our list. If you haven't been getting emails from [jillfreestone@gmail.com](mailto:jillfreestone@gmail.com) this school year, then you aren't on the most current list. Emails that have been coming out have been about sign up genius volunteer opportunities, upcoming meetings and past meeting minutes.

### Leopards Care

Our first Leopards Care activity was on October 7 during both lunches. We wrote cards to send to those serving in

the military. We had several of our great students participate. We had well over 280 cards written for our military!!! The students wrote wonderful letters. We are so proud of our Leopards and that they are so willing to serve others around them. We love our military! We are so blessed to live in this country that is protected by men and women of great strength and valor! Way to go Leopards for really caring and supporting our military great job!

For our next Leopards Care activity we will be making blankets for Primary Children's Hospital. This will take place on Friday, December 2, during both lunches. We invite all students to come and help. It is a great service and you will all get a treat for participating! Thank you so much-we love our Leopards!!!

### Red Ribbon Week

We had a great Red Ribbon Week! Monday our theme was "Don't take a gamble on drugs." We had two spinning wheels for the students to spin for a piece of candy. We had slogans for the candy like: "Smarties don't take drugs" and "Don't blow your brains on drugs-chew on this instead (bubble gum)". Students were able to take a pledge to be drug free and sign their name on our drug free pledge poster.

On Tuesday, we had a visit from the Utah County Sheriff's Department. There was a K9 unit there and students were able to interact with a K9 dog. Students were also able to see the effects of being drunk while wearing "drunk goggles". Students were also able to talk with officers and look at pictures of the effect of drugs on individuals.

On Wednesday, students wrote down ideas of things they could do instead of drugs on a banner in the cafeteria. Our theme for the day was: "Don't let drugs take you for a ride, be in the driver's seat. We had three cars, Mr. Schmidt's black Camaro, Mrs. Turnbull's white Mustang convertible and Mrs. Caldwell's off-road Ranger for the students to sit in the driver's seat. It was a fun event that the students enjoyed.

### Lakeridge T-Shirts and Hoodies

T-shirts and Hoodies are still available to purchase. Go to the Financial Office and pay cash or check. Checks should be made out to Lakeridge PTSA. T-shirts are \$10 and Hoodies are \$25.

Don't forget! This school gear is perfect for school spirit day every Friday! They also make great Christmas presents.

# Principal's Message



Dear Lakeridge Friends,

I love my job and feel it is such a great privilege to be able to work with you in educating our most precious resource, your children. As you probably aware, a bond is on the ballot for the Alpine School District to obtain funds to build new schools and rebuild or renovate other schools.

Our District is experiencing rapid growth, I live in Lehi and it is literally exploding there! Here at Lakeridge, we were projected to stay near the 1200 student mark this year and we grew 42 students and we fully expect more students than that next year. Alpine District also has many aging schools, and the bond funds will also be used in meeting those needs as well.

I am aware that there has been a lot of discussion about what our area will receive if the bond passes, and I understand your concerns. Can I ask you to think about what would happen if the bond doesn't pass? Schools in all areas will receive nothing, and students, just like ours, who live in high growth areas, will have to attend school in overcrowded and less than ideal situations. I was in a District School Community Council Meeting on Thursday with our SCC president Edy Buss. In this meeting they asked the principal of Westlake High School what his enrollment is projected to be and he answered 3800 (gasp!) students. He was also asked what he would do if the bond didn't pass. He answered that they would probably have to go on split sessions, which means that half of the students would go to school very early and a second session would begin as soon as that session was over and end in the evening so students could receive instruction.

I have attached a two-page infographic flyer that shows all of the projects that will be completed with the bond. [Click here](#) to see the flyer. You can also access the flyer in the email sent along with this newsletter. Please take the time to take a look at the information and learn why the property tax rate from Alpine District won't increase. This is because of the increased assessed value of new residences and businesses within the boundaries of the District. Alpine also earned an "AAA" bond rating this year based on conservative fiduciary practices over the years. This includes paying off previous 20 year bonds in about 15 years and the ability to structure new bond layers that keep our debt ratio low.

You can also find more information at: [alpineschools.org/bond2016](http://alpineschools.org/bond2016)

Early voting has already begun and continues through November 4th. You can find the early voting locations and schedule at [utahcounty.gov/vote](http://utahcounty.gov/vote). The general election will be held on Tuesday, November 8th.

I encourage you to take the time to study this information so that you can make an informed decision on how you will vote concerning the Alpine School District Bond Proposition #1. I would also be happy to discuss with you any questions you may have.

Thank you,  
Kathy Knudsen

# **Lakeridge Announcements**

## **School Meals**

In order to provide students and parents in the Alpine School District with the best possible service and accountability for school meals, the following procedures are in place for meal charges:

All students will be provided a regular meal until their account reaches a negative \$25.00.

Complimentary food items will be provided when a negative \$25.00 has been reached.

For Breakfast-the student will be provided a fruit cup. For Lunch-the student will be provided a cheese sandwich and a carton of 1% milk.

The complimentary food items will continue to be provided until a payment has been made to bring the balance under the negative \$25.00. The Nutrition Service Office will send a collection warning letter to the parents of students that have reached the negative \$25.00. The Lakeridge Jr. High lunch room sends out charge letters weekly to the students who owe over \$5.00 and also make calls home. Nutrition Services is committed to providing meals to all students, however, there is a responsibility on the part of parents and students to assure that there are funds in the meal account.

You can make payments to your student's meal account quickly and securely using [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com).

Free and Reduced meal applications can be applied online: [www.alpineschools.org/nutrition](http://www.alpineschools.org/nutrition). Click on the orange box for Free & Reduced Applications. The advantage to applying online is that your application is processed within 12 hours. You will receive a letter within 3 to 5 days to let you know if you have been approved. You can also call Nutrition Services at [801-610-8037](tel:801-610-8037) or [801-610-8038](tel:801-610-8038) the following day to find out if you qualified. If you haven't received a letter within the 5 days, please call Nutrition Services to see if there is a problem with your application.

## **Employment Opportunities**

Lakeridge is looking for a Part Time Copy Aide and Substitute Teachers!

We have an opening in our office for a part-time (2 hours a day) copy aide. It will be in the Front Office, assisting our secretaries. Please visit the District website at [alpineschools.org/employment](http://alpineschools.org/employment) for more information and to apply. What a great part-time job, and a great opportunity to get to know your child's school a little better!

We are also in need of Substitute Teachers! If you sign up with Kelly Services to be a Sub, you can choose exactly which school, and if you'd like, which teacher you want to work. We would love you to choose Lakeridge! Kelly Services has made it easier to become a Sub. The training is online, and only takes 2 hours. You only need to sub a minimum of one day a year to keep your file active. Please visit their website at [kellyeducationalstaffing.us/utahschools](http://kellyeducationalstaffing.us/utahschools) or call [888-277-4024](tel:888-277-4024).

Let us know if you have any questions!

## **America's Freedom Festival Contest**

America's Freedom Festival invites all students from 1st grade to 12th grade to participate in the art, essay, storytelling, speech, and video contests. Deadline is the Monday after Veterans Day, November 14, 2016. The theme is "Freedom."

For more information go to: <http://www.freedomfestival.org/event/contests/>

## CTE

7<sup>th</sup> Grade Job Shadow Information and Due Dates:

The Career and Technical Education Department (CTE) is excited to announce that our Job Shadow experience for 7<sup>th</sup> graders in the College and Career Awareness classes will be held on Friday, December 9<sup>th</sup>. This experience allows students to better understand the world of work, and give them an opportunity to explore an occupation they may want to pursue in the future.

We are requesting that parents help make the arrangements for this experience. Please help your student start identifying possible work locations NOW. All of the students should bring home a Job Shadow "Contract". It will be handed out on Monday and Tuesday the 28<sup>th</sup> and 29<sup>th</sup> of November. Please make sure you review this with your student and make sure they return it by Monday, December 5<sup>th</sup>. Be watching for the contract!

Please note there will be a worksheet and a grade for this day. Therefore it is imperative that an effort be made to complete this activity.

College and Career Awareness Teachers

Brad Schmidt  
Rachel Gonzalez  
Tom Meeks

## Natl. Jr. Honor Society

National Jr. Honor Society: Just a Heads up for your planning!!

For those of you with a grade point of 3.8 or above and excel in Citizenship, Character, Leadership and Service---and I know there are many of you--- applications for the Lakeridge Chapter of the National Jr. Honor Society will be available from Mrs. Hunter, room 120 and Mrs. Schlosser, room 263 beginning January 9th. They will be due with letters of recommendation, all evaluations, etc. by February 10th. Don't fail to take advantage of this honor you have earned!

## Counseling Department

Dear Parents of 9<sup>th</sup> Grade Students,

The Counselors at Lakeridge Junior High School are holding "College and Career Ready Conferences" Monday, October 3<sup>rd</sup> - Friday, November 11<sup>th</sup>, 2016. We will meet individually with each ninth grade student and his/her parent(s) for 30 minutes to review high school plans and graduation requirements as well as to discuss individual needs. This CCR conference is a great opportunity to review your student's educational progress and plan for success in high school and beyond.

**We are using an on-line scheduling system that allows you to choose a convenient date and time to meet with your student and a counselor.** Follow the step-by-step instructions on the back of the letter we sent home with your student to schedule your appointment. **Because this is done on a "first come, first served" basis, we encourage you to sign up as soon as possible in order to ensure the best date and time.** We welcome you to come in and use one of our computers if you do not have internet access. Feel free to call [801-610-8136](tel:801-610-8136) if you need assistance.

## Free Tutoring Resource

The Orem Public Library is excited to announce that we now offer free academic resources and tutoring from Tutor.com! Can you help us spread the word? All students in grades K-12 with a library card can use the service to get help with homework, class projects, papers and test preparation. We would like to help your students be better prepared for class each day by providing one-to-one assistance right when they need it most, at homework time. Tutor.com helps you help your students by:

1. **Providing Personalized Student Support On-Demand**

Every Tutor.com session is one-to-one between tutor and student. There is no appointment needed and they can access the service from home. Your students get help with their own specific questions or assignments—right when they need it.

## 2. Extending the Learning Day

When the bell rings at the end of the day, learning does not have to stop. When students are struggling with homework after-school and on the weekends, our tutors are available to help. Tutors are available 3PM-10PM, 7 days/week.

## 3. Engaging the Student One-to One

Tutor.com is a company committed to education. They will not provide homework answers to your students, but instead engage the student in learning.

## 4. Impacting Student Achievement

95% of students who use Tutor.com say it helps them complete their homework and improve their grades. That way, students come to class prepared and ready to learn.

## 5. Building Confident Learners

Students also report that Tutor.com helps them feel more confident with their school work. In fact, 86% of students are more likely to take an AP course if they have Tutor.com.

Tutoring is available in all core K-12 subjects: math, science, English, social studies and writing, including AP level assistance. Students can access it from any computer or mobile device with an internet connection through <http://tutor.com/orem>.



Special needs,  
extraordinary potential



### Practical Magic for Families: Effective Behavior Management Strategies for Kids on the Autism Spectrum

**SPEAKER: MELISA GENAUX**

**Date:** Saturday, November 12<sup>th</sup>, 2016  
**Time:** 9:00 am – 4:00 pm  
**Location:** Scenic View Academy  
5455 Heritage School Dr.  
Provo, UT 84604



In this presentation, Melisa Genaux M.Ed. will provide strategies for preventing behavior escalation, for getting kids to follow directions, for improving behavior with siblings, for increasing other desired behavior (homework completion, social skills), and for decreasing severe misbehavior, such as meltdowns and aggression. In addition, she will cover easy methods for creating reinforcement systems and for correcting the common errors that sabotage their effectiveness. She will discuss many practical methods for behavior change, that can be adapted to any age or cognitive level, and that can be implemented immediately at home. Parents of children with other disabilities and/or behavior challenges are also welcome.

For a sample of Melisa's presentation, visit <http://youtu.be/3bz8pv8ji60>

Lunch will be on your own

Since there is no childcare at the facility, we request that children remain at home.

**Pre-registration for this event is requested, spaces are limited.**

Register online at: <http://conta.cc/2duF0nu>

*This class is sponsored by the Utah Parent Center, Scenic View Academy and House Bill 327 - Autism Awareness Support Special Group License Plate.*

If you have questions about this workshop, please contact the Utah Parent Center at 801-272-1051 or 1-800-468-1160 or by email at [info@utahparentcenter.org](mailto:info@utahparentcenter.org).

Translation services are available with at least 7 days prior notice.

Servicios de interpretación están disponibles con al menos 7 días de anticipación



Special needs,  
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### Basics of Guardianship Thursday, November 10, 2016

6:30-8:00 PM

Presenter: Michelle Morris, Exec. Dir. of Guardianship Associates of Utah

- Who can be a guardian
- Rights and responsibility of a guardian
- Different types of guardianship
- Options of how to petition for guardianship

### Toilet Training Children with Disabilities

Thursday, November 17, 2016

6:30-8:00 PM

Presenter: Jennilyn Hitesman M.Ed, BCBA

- An overview of strategies, reinforcement and steps needed to toilet train children
- Information based on and adapted from the research of Azrin and Foxx

Legacy Elementary Media Center, 28 East 1340 North, American Fork

Childcare is not provided.

For information on Parent Nights and other upcoming events visit

<http://alpineschools.org/specialeducation/>  
Or Facebook at <https://www.facebook.com/UPCApine>

Questions? Please contact Maria Wiscombe 801-318-1959 or [maria@utahparentcenter.org](mailto:maria@utahparentcenter.org)

