

FIRST PRACTICE &
PARENT MEETING
ON AUGUST 27TH



MOUNTAIN RIDGE JUNIOR HIGH - FALL 2019

CROSS COUNTRY

XC MEETS 2019

SEPTEMBER 11 @ MOUNTAIN RIDGE

SEPTEMBER 18 @ VISTA HEIGHTS

SEPTEMBER 25 @ LEHI

OCTOBER 2 @ TIMBERLINE

DISTRICT CHAMPIONSHIPS

OCTOBER 9 @ TIMBERLINE

