



**Utah Parent Center**  
Special needs, extraordinary potential

## Upcoming Events

**Utah Parent Center and Alpine School District Special Education Department want to invite you to participate in Parent Night.**

**Thursday, January 16, 2014**

Legacy Elementary Media Center  
28 East 1340 North, American Fork

**Preschool Parents: 5:30 - 6:20 PM**

### **Communication Skills of Preschool Children**

The presentation will include topics such as the developmental stages of both language and speech acquisition in preschoolers, how to elicit language from low-verbal children, how to increase a child's vocabulary, and which sounds should a preschooler be expected to produce. After the presentation there will be a few minutes for specific questions you may have. Presented by Kathie Ritter, Speech Language Pathologist in Alpine School District. **Please DO NOT bring children to this class. We will NOT have childcare available.**

**School-Age Parents: 6:30 - 7:30 PM**

### **Helping Children with Attention Problems To Complete Homework**

The presentation will discuss specific strategies to help children and teens complete homework. We will briefly discuss executive functioning and how that influences children's attention and organizational skills. Helping parents to understand how to organize tasks, create routines, set goals, and create effective work environments are key ideas that will be shared. A few coping strategies for parents will also be discussed. Presented by Dr. Ellie Young, associate professor in the school of psychology program at BYU.

If you have questions about Parent Night, please email Maria at [maria@utahparentcenter.org](mailto:maria@utahparentcenter.org). For more information on upcoming events, please visit the special education community calendar at <http://alpineschools.org/departments/special-education/community-resource-calendar>

### **Utah County AD/HD Support Group**

Thursday, January 9, 2014  
7:00pm - 8:30pm  
at Provo City Library  
550 North University Ave., Provo  
Young-Card Room #308

Guest Speaker:  
David Jubelirer, M.D.  
Topic: Medication

*DAVID JUBELIRER, M.D. is a board certified physician specializing in the diagnosis and treatment of adults, adolescents and children with AD/HD, Asperger's and Autism Spectrum Syndromes and related attention disorders. His expertise is in providing the most accurate assessment techniques available and educating families, schools and the public about these neurologically based differences in brain function. Dr. Jubelirer has a special interest in evaluating Executive Functions and in brain training programs to enhance Working Memory that lead to improved academics, social skills and self-esteem.*

### **Utah Parent Center**

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## **ATEC's Meet the Provider Night - Open House**

A "Provider" is a company that "provides" services that your child may need after leaving the school system. They may be funded through private pay (SSI), DSPD or Vocational Rehabilitation.

- Meet representatives from companies that provide day supports, employment, and residential services.
- Ask questions regarding your child's future options directly to the companies that can assist you.
- Discover the differences between "provider's" and find a great fit for your child.

**Tuesday, February 11, 2014**

**6:00-7:00 p.m. - ATEC Teacher's Available**

**7:00-8:00 p.m. - Open House- Representatives Available**

ATEC, 350 N. State St., Lindon, Utah

*Questions: Debbie Johansson 801.830.3870*

## **February 2014 Alpine District Parent Night**

**Thursday, February 20, 2014**

Legacy Elementary Media Center

28 East 1340 North, American Fork

**5:30 Preschool Parents**

**6:30 School-Age Parents**

## **2014 Family Links Conference**

The Family Links Planning Committee is pleased to announce the dates for this year's conference. Please plan to join us on **Friday, February 28 and Saturday, March 1, 2014** for the Family Links Conference being held at Murray High School, located at 5440 South State Street in Murray Utah.



The Family Links Planning Committee is currently working on finalizing this year's conference agenda. What we can tell you is: This year's conference will feature a Friday Dinner and Keynote presentation by Matt Townsend of the Townsend Relationship Center who will be energizing and involving participants with his unique approach to building and maintaining successful personal and family relationships. Those who have seen him present or have heard him on KSL News Radio know that Matt has the perfect mix of cutting edge research in communication and human relationships combined with the skill of a top-notch humorist. This blend ensures that audiences are entertained as well as enlightened and leave with practical information that can be immediately applied to their life.

The conference will continue on Saturday with a keynote presentation by Judith Snow, she has been called the "Julia Roberts of the disability community". Powerful, energetic and joyful, her passion is matched only by her commitment. Her entire life is dedicated to making a difference for people all over the world. For almost 30 years, Judith has pioneered education and training programs that have resulted in changing the lives of thousands of people labeled 'disabled'. Her vision is to create a world in which everyone is included and contributing to their communities. In addition, the conference will be hosting more than 20 breakout session, an exhibitor, prize drawings and more!

Watch for more information to come or visit <https://www.facebook.com/FamilyLinksEvents> to get up-to-date information about the conference.