

2014 Eagle Track Season

- Preseason Conditioning will continue February 18-20 (Tues, Wed, Thurs)
- **The 2014 season will officially begin on Monday, February 24**
 - Practices will be held at Timpanogos High School on Monday - Thursday
 - Practices will be held from 3:30 until approximately 5:00
 - On Fridays, practices will be held at Oak Canyon Junior High from 2:30-3:30
- Competition will consist of four meets and one district championship meet
 - A schedule will be available soon
- To be eligible to participate, you will need:
 - A permission form signed and turned in to the office
 - Must be done each year for each participant
 - A physical form turned in to the office
 - A physical is good for three years of junior high track participation. If we have one from past years, the athlete is covered.
 - It may be wise to have a physical completed more frequently
 - \$25 participation fee paid to the financial office
 - This covers participation in meets, use of equipment, and use of uniform.
 - A free T-shirt will be given to all participants
 - No less than a 2.0 GPA and no more than one F grade
 - Based on 2nd quarter grades
 - Those ineligible based on 2nd quarter grades may compete when 3rd quarter grades are released if they meet the grade requirements (March 21)
- More information is available (including school and grade-level records, track events, and meet order-of events) on the Track Website (go to the Oak Canyon website, click on “Students,” “Athletics,” and “Track Website.” Find the link to “Mr. Andrus’s Track Website”

General Practice Schedule

	Monday 3:00 @ Timp	Tuesday 3:00 @ Timp	Wednesday 3:00 @ Timp	Thursday 3:00 @ Timp	Friday 2:30 @ O.C.
Distance	All – Boys and Girls	All – Boys and Girls	All – Boys and Girls	All – Boys and Girls	All – Boys and Girls
Sprints	Boys	Girls	Boys	Girls	All
Field Events	Girls	Boys	Girls	Boys	All