

Track Information

Practice Schedule

We will practice daily after school.

On Mondays, Tuesday, Thursdays, and Fridays, we will meet at 2:30 in the gym.

On Wednesdays, we will meet at 3:00 in the gym.

We will keep you posted if there are any changes in time or location from week to week.

You can view our [MEET SCHEDULE](#) here

Participation Fee

A \$30 track participation fee is required before you will receive a uniform and participate in regular season meets (There is no fee for preseason conditioning). You may pay this fee in one of two ways:

- 1) Pay online - Here's the link to the [Oak Canyon website](#). Click on "Online Fees" (at bottom)
- 2) Bring payment to the Oak Canyon Financial Office. Coaches cannot accept payments.

Permission and Physical Forms

- You will need a physical for track. Please make an appointment with your doctor as soon as possible ([physical and permission form](#)).
- A permission form must be signed each year to participate in track. Also, a current physical (within the last year) must be on file to participate. I have attached a copy of these forms.
- If your doctor uses a different form for the physical, you may submit a copy of that. These forms must be turned in before you will receive a uniform.

Register My Athlete

Submit your permission and physical forms on [Register My Athlete](#). [Here you will find](#) some information on how to use the website (You *DO NOT* need to submit payments on Register My Athlete).

Further Information for Track Team Members

- Join our Eagle Track Google Classroom. The code is **m2qijkc**