

PRINCIPAL'S NEWSLETTER AUGUST 26, 2024



EVENTS 8/26-9/8 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

8/26-9/1 (B-WEEK)

9/2-9/8 (A-WEEK)

Term 1 Essential Guiding Question: What Does It Mean To Be An Oak Canyon Eagle?

Homeroom: Academic Mastery

28 Ballroom 1:15-3:15

30 StuCo 7th Grade Applications/Posters Due

30 Musical Auditions 2:30-4:30/5:00-7:00

Term 1 Essential Guiding Question: What Does It Mean To Be An Oak Canyon Eagle?

Homeroom: We Treat All with Kindness and Respect

2 Labor Day--NO SCHOOL

3 7th Grade Student Council Election Posters Up

4 Ballroom 1:15-3:15

4 Cross Country Meet 5:00 @ AFJR

5 7th Grade Student Council Elections Voting in HR

6 7th Grade Student Council Winners Announced

PRINCIPAL'S MESSAGE



The first full week of school was awesome! It is so great to have our students back and to put in motion things we have been planning all summer. I've had the opportunity to participate in homeroom the past few days, and I am loving getting to know the students in my pod better. I've memorized the names of all of the students in two homeroom classes so far! I look forward to learning more this week. The overarching question guiding our homeroom lessons for the entire first term is "What does it mean to be an Oak Canyon Eagle?" Being a lifelong learner is one quality we desire all Oak Canyon Eagles to develop. This week in Homeroom we'll be focusing on such as: organization, study skills, time management, goal setting, and portfolios.

In addition, this week we'll be hanging up Learner Profiles for our teachers and employees outside each classroom. These learner profiles are to help the students get to know us better and most importantly to see what we are learning as we are lifelong learners too! Each employee is learning something--whether that is an advanced degree, another language, a new skill, or a new instrument, it is fair to say that we are all in the midst of learning something new. I have been inspired just reading them! To help you get to know our administrative team a little better, I'm including our Learner Profiles below. Enjoy! It's going to be a great week!

Mrs. Ross

MR. ABRAMS

ASSISTANT PRINCIPAL



ORIGIN

Utah is where I love living, but I was born and raised near Spokane Washington. I recieved degrees from BYU and the University of Utah and love learning and education. My family is my life.



HOBBIES/INTERESTS

You name it and I am interested in it, I hope. I try to live my life with a wide variety of hobbies and interests. I enjoy physical activities and frequently mountain bike and exercise. Riddles, mind puzzles, chess, books, competition, sports and most of all adventure.

CURRENTLY LEARNING

Consistently learning how to be kind and patient. A hard and valuable worker. A great dad.



INSPIRATIONAL QUOTE:

"Don't let school get in the way of your education."

MRS. BURT

ASSISTANT PRINCIPAL



ORIGIN

I am of Western European descent. My ancestors were primarily from Sweden who came to Washington state in the 1880s, and England and France who came to the East Coast in the 1600s.



HOBBIES/INTERESTS

I love hiking, biking, and yoga. Reading and writing are a part of my everyday routine- I particularly choose escape (Brandon Sanderson, Leigh Bardugo, Isaac Asimov) literature (James McBride, Amor Towles); mysteries (Donna Leon, Richard Osman), and Non-Fiction (Erik Larson, Bryan Stevenson, Zaretta Lynn Hammond) I love spending time with my family.

CURRENTLY LEARNING

I am currently learning about how the brain works, music, geology and world history.



INSPIRATIONAL QUOTE:

"One person can make a difference, and everyone should try."
-John F. Kennedy

MR. CRANDALL

ASSISTANT PRINCIPAL



ORIGIN

Born and raised in the deserts of Las Vegas I am in the middle of 4 kids. As a struggling learner I gained an appreciation of active learning and connection.



HOBBIES/INTERESTS

I love family, faith, and adventure. Anytime I am outdoors is exciting to me. My favorite things are hiking, snow shoeing, kayaking, camping, and mountain biking.

CURRENTLY LEARNING

I am working on mountain bike repair, wall texturing techniques, and understanding endurance training zones. Additionally, I am working on motivation techniques and collecting inspirational stories.



INSPIRATIONAL QUOTE:

"That which we persist in doing becomes easier to do, not that the nature of the thing has changed, but our power to do so is increased." -Ralph Waldo Emerson

MRS. ROSS

PRINCIPAL



ORIGIN

I am of Western European descent. My ancestors were primarily from Denmark and England and were pioneers that crossed the plains and helped to settle Utah. Languages: English and French



HOBBIES/INTERESTS

I am an avid reader. I love fiction and non-fiction books equally. I love flowers, gardening, interior design, going to concerts, traveling, and spending time with my family.

CURRENTLY LEARNING

I am learning about GRAPHIC DESIGN by learning how to use Canva and other tools to help me to decorate the school. I have created most of the posters and graphics around the school over the past couple of years. I love it!



INSPIRATIONAL QUOTE:

"Dare to live the life you've dreamed for yourself. Go forward and make your dreams come true."
-Ralph Waldo Emerson

NEW INFORMATION

STUDENT INFORMATION UPDATE IN SKYWARD--VERY IMPORTANT

Now is the time to update any student information in Skyward. This includes updating emergency contacts, student internet permissions, setting preferences to receive school emails and voice messages from the school, and more. This information needs to be updated for each student each year. This is also where you indicate that you give your permission for a student to check out a Chromebook. They cannot check one out without your permission. Students cannot access their school accounts/email either if the update has not been completed. If you need assistance, please click on this [link](#) for a tutorial.

OCJH IS A CLOSED CAMPUS

We are a closed campus. Any time a student needs to leave campus, even lunch, they must be checked out through the front office. When they return, they need to check back in through the front office. (Wednesday lunch is the one exception to this.)

STUDENTS AND DOOR DASH

Please inform your students not to door-dash food to the school. Food will not be delivered to students, and students should not leave class to pick up food deliveries. We appreciate your cooperation in this matter.

EXCUSING STUDENT ABSENCES

Attendance reminder: You can excuse absences (past, present, or future) in Skyward. Make sure you're logged in to your parent account and go to the Attendance Tab. If you have questions, please contact Mrs. Decker in the front office.

WE ARE HIRING!!

If you, or someone you know is interested in working in our Life Skills classroom with Mrs. Hall, we are currently looking to fill a 29-hour a week paraeducator position. Please visit the Alpine School District website to view and apply for the available position, or inquire directly about the position by emailing [Kate Ross](#) .

SCHOOL COMMUNITY COUNCIL ELECTIONS

Our first SCC meeting of the year with our new SCC will be September 17th at 2:30 pm in the TLC. The School Community Council (SCC) is a group of parents and school staff that meets monthly to discuss the issues facing our school. The SCC creates a school improvement plan and allocates Trustland Funds to help meet our goals outlined in that plan. SCC meetings are open to anyone interested and we are in need of parents to join our board. If you have some time on the third Tuesday of each month at 2:30 and would like to be a part of our SCC, please click on this [link](#) to submit your name.. A term on the SCC is two years. If there are more interested than parent positions available, we will have an election.

FROM THE OAK CANYON PTSA

Our PTSA does so much to support our school and students--selling suckers on Fridays, sponsoring the Eagle of the Month student recognitions, organizing Spirit Nights, making generous donations for school improvements, recognizing our honor roll students, and more! We encourage all to join the PTSA--the membership dues go a long way for our school. In addition, Eagle Cards are a great value for all of the discounted goods and services they provide. To join the PTSA, purchase Eagle Cards, and/or donate for Teacher Birthday/Appreciation gifts, please visit the Oak Canyon PTSA store link:

Givebacks
ocjhindon.givebacks.com

Also, PTSA meetings will be held every third Wednesday from 9:30-10:30 in the TLC. All are welcome to attend.

FALL MUSICAL AUDITION INFORMATION

Here's what you need to know:

- Friday August 30th 2:30-4:30 PM and 5-7 PM
- Prepare 30 second Broadway song with backing track
- Sign up at Eagledrama.weebly.com
- Also, Bring your audition form with you to auditions
- Find forms on the website, in Mrs. Lamoreaux's room, or in Ms. Sander's room
- The musical this year is *Into the Woods Jr.*

OCJH AFTER SCHOOL BALLROOM

Oak Canyon & Canyonview Ballroom Team

- Register online: OakCanyonBallroom.com
- 7th – 9th grade - Oak Canyon & Canyonview Students
- Monday & Wednesdays – After School @ Oak Canyon Jr High.
 - Mon – 2:25 - 3:30pm
 - Wed – 1:25 - 2:40pm
- Ladies! You can register by yourself or if you recruit a man to join Ballroom, you will guarantee yourself a spot on team. Man will dance with all ladies on team.



Questions: Michelle Haymond: mhaymond@alpinedistrict.org

Info, FAQ, Register, Photos, etc:



Join Ballroom!

AFTER SCHOOL

MONDAYS

&

WEDNESDAYS

SIGN UP
AT:

OakCanyonBallroom.com



O CJH SPIRIT STORE BACK TO SCHOOL SALE 8/20-9/24

OAK CANYON
OFFICIAL ONLINE SHOP

BACK-TO-SCHOOL SALE

30% OFF SITEWIDE!
FREE SHIPPING OVER \$75

AUGUST 20TH - SEPTEMBER 24TH
ORDER AT: 1STPLACE.SALE/96042

START SPREADING THE GOOD NEWS!

Parents, we would like to spotlight Oak Canyon students that are up to great things outside of school. The challenge is that we are not always aware of these student accomplishments/events to be celebrated. Please click on this link if you'd like your student to be spotlighted in a future edition of the Principal's Newsletter!

<https://forms.gle/KvYAYNkbDtwrMbpA6>

In the meantime, enjoy [this article](#) in the Daily Herald about 7th Grade Day at Oak Canyon!

COMMUNITY ANNOUNCEMENTS

Strengthen Your Relationships
FREE WORKSHOP
for parents of kids aged 9-14

MONDAYS 6PM-8PM
LINDON COMMUNITY CENTER
25 N Main St Lindon

GUIDING GOOD CHOICES

Guiding Good Choices gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or maintain lasting relationships, because teenagers who are more closely connected to their families have better health and educational outcomes.

Practicing Your Growth Mindset Class

Thursdays 5-6pm
*Sign up for each monthly session
Taught by a Master in Therapeutic Recreation MTRS

Adolescence can be a time of self-discovery and rapid growth, physically and mentally. This class will be an opportunity for adolescents aged 12-17 to practice growth mindset through recreational therapy (RT). Growth mindset is a term used in positive psychology which reframes that challenges are opportunities for growth. This class will provide therapeutic activities with peers in self-expression, healthy thinking, gratitude, learning from failure, resilience, and adaptability.

SCAN HERE!

Brought FREE to you by
LINDON CARES
COMMUNITY CARE CENTER

Questions? Contact Jamie 801-769-8625
jjensen@lindon.gov

REMINDERS:

HOMEROOM PODS

We are excited to share the adjustments we have made to Homeroom this year. All of our Homeroom classes have been divided into 4 pods. Each pod represents a part of the alphabet and has an administrator, counselor, coach, advocate, etc. assigned to the Pod. Each pod represents an element found in nature: water, earth, air, and fire. The

TIMPANOGOS GIRLS BASKETBALL

Come Join the
Wolfpack

Bantam basketball
utahwolfpackgbb.com

Tryouts September 16th, 19th, & 23rd
Everyone makes a team!
\$30 tryout fee

More info & Register Here

Any questions email
utahwolfpackbasketball@gmail.com

purpose of our Homeroom Pods is to help students feel an even greater connection to one another through Homeroom, to help admin, counselors, and coaches participate in Homeroom and provide even deeper support to the students in the portion of the alphabet already assigned to them, and to help our teachers grow in their capacity to lead Homeroom. Some of the homeroom classes are grade level specific, and some of them have students from mixed grades. All of these changes are based on feedback received from students, parents, and teachers on how we can improve the Homeroom experience.. Truly, we want Homeroom to matter and to be helpful to all. I am excited to update you as the year progresses on the awesome things our students are up to in their Homeroom classes and pods!

Pod Assignments 2024-2025

Pod: A-D WATER	Pod: E-K EARTH	Pod: L-Re AIR	Pod: Rh-Z FIRE
Ben Abrams Tami Platt Alex Gooold (A/B) Lisa Lister Advocate	Cynthia Burt Brad Johnson Michelle Jensen (A/B) Elizabeth Shumway Advocate	Nate Crandall Mike Bearden Natalie Robinson (A) Jenna Flood (B) Advocate	Kate Ross Lucilla Rhees Taralyn Holmes (A/B) Priscila Prestes Advocate
Angela Moulton (9th) Cherae Ecalono (7th) Collin Seastrand (Mixed) Curtis Nguyen (8th) Dallin Graham (9th) Hannah Sanders (7th) Julie Smith (8th) Raquel Cook (9th) Riley White (Mixed) Sarah Mather (7th) Trevor Kunkel (8th)	Aidan Baller (Mixed) Angel Holmes (Mixed) Anna Robison (7th) Ashley Fuller (7th) Heather Hall (Mixed/9th) J. Garlick/D. Stone (8th) Jen Hermansen (7th) Jen Lamoreaux (9th) Paul Andrus (8th) Scott Bethel (Mixed) Teri Bench (9th) Travis Adamson (8th)	Alyssa Meinzer (9th) Clint Roberts (8th) Joe Allphin (9th) Jordan Torrence (7th) Josh Rawson (Mixed) Lindsay Lake (8th) M. Allan/T. Cheney (7th) Mike Redford (8th) Tamara Hardy (7th) Tess Thomas (9th) Troy VanKomen (8th) Yezenia De La Cruz (Mixed)	Ashley Braswell (9th) Debi Jorgensen (8th) Deby Otterson (7th) Jason Miller (9th) Jesse Blake (Mixed) Julio Escobedo (Mixed) Larissa Taylor (8th) Matt Marshall (8th) Mindy Monson (7th) Savannah Moorehead (7th) Tasha Sparks (9th)
			

OCJH HANDBOOK AND CELL PHONE POLICY

The [OCJH Handbook](#) is an excellent place to find out all about the policies and procedures at our school. Some have been updated over the summer, so we encourage you to take a look. One of the policies we have amended is our cell phone policy (see below). New additions to the policy in the handbook are highlighted in yellow.

“Electronic communication devices (including cell phones and cameras) may not be possessed, activated or utilized in school situations where a reasonable expectation of personal privacy exists. These locations include but are not limited to locker rooms, shower rooms, restrooms and any other areas where students or others may change clothes or be in any stage or degree of disrobing. Electronic communication devices may not be used by any student in a manner that might reasonably create in the mind of another person an impression of being

threatened, humiliated, harassed, embarrassed or intimidated. Except as described above, students may use cell phones and headphones before and after school, during passing time, and at lunch.”

“In order to provide an optimized learning environment, all cell phones and headphones must be put away in a backpack or locker during the times when classes are in session. Cell phones and headphones should not be on a student’s person during class time. **This year, each teacher will have a hanging cell phone holder with individual compartments. It is NOT required that students place their phones in these holders during their regular classes. However, there will be incentives for students who voluntarily place their phones in the holder (on airplane mode) to remain there the whole class period. That said, it is required that students place their phones in the cell phone holders during HOMEROOM each day. We want to maximize the Homeroom experience, and we’d also like to gather some action research about how not having phones changes that experience. We are mindful of the cell phone policy being introduced at PGHS this year, and before we embark on something similar, we’d like to see what happens on a smaller scale in Homeroom.**”

“Personal devices must be put away during class time. If a student is in violation of this policy the following consequences will be imposed:

- First Offense: The cell phone (and/or headphones) will be taken by the teacher and returned to the student at the end of the period.
- Second Offense: The cell phone (and/or headphones) will be taken to the office. The student will be able to pick it up after school.
- Third Offense: The cell phone (and/or headphones) will be taken to the office. A parent will be able to pick it up after school.
- If the problem persists and after a parent conference, the student will lose the privilege of bringing a cell phone (and/or headphones) to school for the rest of the year.”

SCHOOL FEES

Fees are now available to pay on myschoolfees.com. If your student will be making changes to their schedule we suggest you wait to pay for fees until their schedule has been finalized. Fee waiver applications are available on our website, at the district's website, or at the finance window. Fee Waiver applications, along with supporting documentation, are due by Sept 30, 2024. Please reach out to the finance office via email at jhoval@alpinedistrict.org or by phone 801-610-8141 with any questions. Thank you!

STUDENT LOCKERS

If you would like to sign up for a locker for your student, please fill out the locker request form on oakcanyon.alpinedistrict.org under Information. Or here is the link:


https://docs.google.com/forms/d/e/1FAIpQLScWFRNvuu1SqrhbzSSGKwheih_C_KgtZIAUwW0rb4B4aBuX0w/viewform

OCJH CROSS COUNTRY

Cross Country practice is after school daily from 2:45-4:00. Starting on Wednesday September 4th we have meets every Wednesday from 5-6, and the Championship is on Wednesday, October 2nd. Meets are: September 4th @ AFJH; September 11th @ Oak Canyon; September 18th @ Viewpoint; September 25th @ at Mountain Ridge.

24-25 BELL SCHEDULE--WEDNESDAY EARLY OUT CHANGES

There is one major change to our bell schedule this year: lunch on early out Wednesdays will come at the end of the day, and there will only be one lunch on Wednesdays. Class will adjourn at 12:45 and lunch will go from 12:45-1:15. Buses will depart from the school at 1:15. If students do not want to stay for lunch on campus, they can be picked up or walk home after 12:45. Please note the updated bell schedule and teacher lunch assignments for the year.

 BELL SCHEDULE MONDAY, TUESDAY, THURSDAY, FRIDAY	
A1/B5	7:45-9:01
HOMEROOM	9:08-9:35
A2/B6	9:42-10:58
1ST LUNCH	
LUNCH	10:58-11:29
A3/B7	11:36-12:52
2ND LUNCH	
A3/B7	11:05-12:21
LUNCH	12:21-12:52
A4/B8	12:59-2:15
BELL SCHEDULE WEDNESDAY EARLY OUT DAY	
A1/B5	7:45-8:54
A2/B6	9:01-10:10
A3/B7	10:17-11:26
A4/B8	11:33-12:45
LUNCH	12:45-1:15

A-DAY LUNCH SCHEDULE

FIRST LUNCH

Adamson
Allan
Andrus
Bethel
Blake
Braswell
Graham
Hall
Hardy
A. Holmes
Lister
Marshall
Mather

Miller
Monson
Moorehead
Otterson
Prestes
Rawson
Redford
Robison
Seastrand
Shumway
Taylor
Thomas

SECOND LUNCH

Allphin
Baller
Bench
De La Cruz
Ecalono
Escobedo
Fuller
Jorgensen
Kunkel
Lamoreaux
Meinzer

Roberts
Robinson
Sanders
Seminary
Smith
Sparks
Stone
Torrence
Van Komen
White

B-DAY LUNCH SCHEDULE

FIRST LUNCH

Adamson
Andrus
Bethel
Blake
Braswell
Cook
Flood
Graham
Hall
A. Holmes
T. Holmes
Lake
Marshall

Mather
Miller
Monson
Moorehead
Nguyen
Prestes
Rawson
Redford
Robison
Seastrand
Taylor
Thomas

SECOND LUNCH

Allphin
Baller
Bench
Cheney
De La Cruz
Ecalono
Escobedo
Fuller
Garlick
Goold
Hermansen
Jorgensen

Kunkel
Meinzer
Moulton
Roberts
Seminary
Smith
Sparks
Torrence
Van Komen
White

LUNCHES BASED ON A3 OR B7 TEACHERS

FROM THE TRANSPORTATION DEPARTMENT

Some of our bus routes have [DOUBLE RUNS](#). Watch the short video clip to learn more about how they work. We're always looking for additional drivers to help eliminate the need for double runs, so if you or someone you know would be interested in driving a bus, [CLICK HERE](#) to apply. Bus routes are available online [HERE](#). For bus stops, use

the magnifying glass in the top right corner and enter your address, then select your student's school level on the left side of the page. Select "pick-up" for the time the bus will leave before school, or "drop-off" for the approximate time your student will be dropped off after school.

