

PRINCIPAL'S NEWSLETTER MARCH 24, 2025



EVENTS 3/24-4/13 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

3/24-3/30 (B-WEEK)

3/31-4/13 (A-WEEK)

<p>Term 4 Essential Guiding Question: How Can I Make a Difference?</p> <p>Homeroom: Emotions: Anxiety, and Others</p> <p>24 District Intermediate Band Festival</p> <p>24 Student Council Posters Go Up</p> <p>24 9th Grade PE To Miracle Bowl 11:00-2:00</p> <p>24 Ballroom 2:25-3:30</p> <p>24 Timp Arena Scheduling 3:45-4:45</p> <p>24 PG High Parent Night 6:00-7:00 @ PGHS</p> <p>25 Eagle Chorus/Bella Armonia Festival 9:00-2:00</p> <p>25 9th Grade PE to Miracle Bowl 12:55-2:00</p> <p>25 SCC Meeting 2:30-3:30 in the Conference Room</p> <p>25 School Spirit Night 4:00-8:00 @ Little Caesars</p> <p>25 ASD Board Meeting 6:00-8:00 @ District Office</p> <p>26 We the People Competition 8:00-2:00</p> <p>26 Ballroom 1:25-2:40</p> <p>26 PG High Arena Scheduling 2:15-3:15</p> <p>26 Track Meet 2:00-5:00 @ Timpanogos</p> <p>27 StuCo Primary Voting in Homeroom</p> <p>27 9th Grade PE to Miracle Bowl 12:55-2:00</p> <p>28 Science Demo Team to Pony Express 9:00-12:00</p> <p>28 9th Grade PE to Miracle Bowl 11:00-12:05</p>	<p>Term 4 Essential Guiding Question: How Can I Make a Difference?</p> <p>Homeroom: We Share and Recognize Others' Perspectives with Civility and Respect</p> <p>3/31-4/6 Spring Break</p> <p>7 StuCo Election Videos Due</p> <p>7 Science Demo Team to Saratoga Shores 8:00-2:00</p> <p>7 Ballroom 2:25-3:30</p> <p>8 StuCo Elections Student Voting</p> <p>9 StuCo Election Interviews</p> <p>9 Ballroom 1:25-2:40</p> <p>9 Track Meet 3:00-5:00 @ Orem Jr.</p> <p>10 ASD Culture, Climate, Connection Survey in HR</p> <p>11 StuCo Winners Announced</p>
---	---

PRINCIPAL'S MESSAGE



Last week, I had the opportunity to attend an educational conference in Florida. Teachers, Counselors, and Administrators from around the country came together for one purpose--to learn how to improve our schools and help our students to feel success. I walked away from the conference with renewed enthusiasm as well as deepened appreciation for the work we are doing here at Oak Canyon. In nearly every session I attended, the importance of connection for our students was reiterated over and over. I want to express gratitude to our fantastic staff for the work they do every day to try and connect with students to help them feel safe, accepted, and

successful. These three things make for a solid foundation to help our students learn at high levels and achieve. There is always room for improvement, but we are on the right track. Please take some time to enjoy your fabulous students over Spring Break!

Mrs. Ross

NEW INFORMATION

EAGLE SPOTLIGHTS

Student Spotlights:

Students of the Week 3/17: Ellie Merrill, Marley Hansen, Corey Winger and Siloe Tukafu

Students of the Week 3/24: Jacob Alton, Phoebe Hurd, Karinne Gordon, Halle Jensen and Jenny Hicken.

March Eagles of the Month: This month we recognize students that demonstrate exceptional critical thinking skills. Those students are: Victor Testa, Macy Cheney, Montserrat Danie Farias Contreras, Vova Ahieiev, Addie Smith, and Hope Condie.

Oak Canyon TSA: Last week, the Oak Canyon TSA students competed at the state competition. For

those who don't know, Oak Canyon has had a strong TSA chapter for many years starting with Terry Hunter. We have some great students. If you see any of them, please congratulate them on their hard work.



1st Place Winners:

Career Prep: Emily Omdahl

Challenging Technology Issues: Brielle Funes, Millie Cook

Prepared Speech: Miriam Ross

Website Design: Emily Omdahl, Brielle Funes, Gage Mason, Hope Condie, Phoebe Hurd, Lucianna Venancio Mostaceli

2nd Place Winners:

Children's Stories: Addie Ott

Community Service Video: Brielle Funes, Miriam Ross, Jacob Alton, Emari Horton, Lucas Bauer, Hope Condie

Essay on Technology: Miriam Ross

Flight: Hope Condie

Mass Production: Samuel Perl, Spencer Bleyl, Lucas Bauer,

Jenny Hicken, Kimball Behrend, Clark Milner

Technical Design: Calvin Cannon, Jesse Esplin

Video Game Design: Gage Mason, Mason King, Calvin Cannon, Jesse Esplin, Jacob Alton, Nick Bauer

3rd Place Winners:

Systems Control: Lucas Bauer, Elliott Johnson, Spencer Bleyl



The 9th graders that placed 1st are invited to compete at the National Competition in Nashville Tennessee this summer. Also, Brielle Funes has been selected to be a State Officer this coming year. We'd also like to recognize Mike Redford was nominated for TSA Advisor of the year. Congrats, to our students and Mr. Redford!



Underwater Robotics Team: The OCJH Underwater Robotics Team, led by Mr. Escobedo had an awesome adventure last week! They competed against over 150 teams and got to really test their science and engineering skills. They had 10 minutes to complete a myriad of tasks and each team did their best overcoming and fixing issues on the fly ranging from



propeller replacements, soldering motherboards, balancing buoyancy, and rewiring robots! We are very proud of the

hard work each team did!



MATHCOUNTS Competition: On Saturday, March 22, 2025, 99 top math students from Utah arrived at Salt Lake Community College to compete in the state level competition of MATHCOUNTS, a national math competition for students up to 8th grade. Phoebe Hurd, an 8th grader from Oak Canyon Junior High, participated and represented Alpine School District. Way to go Phoebe!

Oak Canyon Has Talent: Last week was the annual PTA sponsored event, Oak Canyon Has Talent. It was a smashing success as students from each grade level were able to share their amazing talents with us. We'd like to congratulate the following winners:

Rudy Escobedo--Overall Grand Prize
Joshua Glenn--9th Grade Winner
Ella Woods--8th Grade Winner
Tasia Knapp--7th Grade Winner
Christian Murri--Art Work
Giuliana Vedovi--Audience Choice



PTSA Awards of Excellence: Each year the PG Council PTA recognizes individuals from all of the schools in the PG High School Cluster for their stellar contributions. The following volunteers and staff were selected for recognition from the Oak Canyon PTSA:

Ben Abrams: Master Leader Award
Angel Holmes: Exceptional Teacher Award
Taralyn Holmes: Pure Dedication Award
Alyssa Meinzer: Extraordinary Teacher Award
Jennifer Lyman: Above and Beyond Award
Kathy Hicken: Valuable Volunteer Award

START SPREADING THE GOOD NEWS!

Parents, we would like to spotlight Oak Canyon students that are up to great things outside of school. The challenge is that we are not always aware of these student accomplishments/events to be celebrated. Please click on this link if you'd like your student to be spotlighted in a future edition of the Principal's Newsletter!

<https://forms.gle/KvYAYNKbDtwrMbpA6>

OAK CANYON SPIRIT NIGHT 3/25

Come show some love to the Oak Canyon PTSA by joining us at the Lindon Little Caesars Pizza on Tuesday, March 25th between 4-8 PM! A portion of your purchase comes right back to our PTSA to help fund programs that make our school great!



Little Caesars®

**JOIN US FOR OUR
SPIRIT NIGHT!**

When: Tuesday, March 25th

4PM-8PM Carryout & Online

Where: 677 North State Street

Lindon, UT 84042

20% NET OF SALES GO TO BENEFIT



FROM THE OAK CANYON PTSA

-Our PTSA does so much to support our school and students--selling suckers on Fridays, sponsoring the Eagle of the Month student recognitions, organizing Spirit Nights, making generous donations for school improvements, recognizing our honor roll students, and more! **We encourage all to join the PTSA**--the membership dues go a long way for our school. In addition, Eagle Cards are a great value for all of the discounted goods and services they provide. **To join the PTSA, purchase Eagle Cards, and/or donate for Teacher Birthday/Appreciation gifts, please visit the Oak Canyon PTSA store [link](#).**

SAVE THE DATE--TEACHER APPRECIATION WEEK 4/28-5/2



STUDENT COUNCIL

ELECTION DATES

FOR 2025-2026 SCHOOL YEAR

March 13th-Parent Meeting 2:15 in the Library

March 21st-Student Applications Due

March 24th-Start Putting Posters Up in the Hallway

March 26th-Teacher Evaluations Due

March 27th-Primary Voting in Homeroom/Finalists Announced/8th Grade Rep Winners

April 7th-Videos Due/Hang up Posters on A-frame Boards in Foyer

April 8th-Videos Shown and Voting in Homeroom

April 9th-Interviews

April 11th-Winners Announced

WORLD LANGUAGE WOWS

Our fantastic World Language department has put together a fantastic way to share with faculty and families the amazing things our World Language students and teachers are up to this year. Just click [here](#) to access WOWS!

COMMUNITY ANNOUNCEMENTS

ALPINE
SCHOOL DISTRICT

MARCH
MENTAL HEALTH SERIES
EDUCATE • INFORM • EMPOWER

Our focus this month is **ABCs of Substance Use & Vaping**
Tuesday, March 11th
5:00 pm & 7:00 pm MT

Virtual Events!
Each session is open to everyone.
Join any session this month!
Start Times: 5:00 pm & 7:00 pm MT

To Register for ANY topic - scan or go to <https://parentguidance.org/mhsindex>

MON	TUE	WED	THU
3 Emotional Regulation: Interrupting Negative Emotions	4 Your Child's Anxiety	5 Body Image - Loving the Skin You're In	6 Understanding Video Game Addiction
10 Why Our Children Self-Harm	11 <i>Watch Work too!</i> ABCs of Substance Use & Vaping 5:00 pm MT 7:00 pm MT	12 Parenting through Anxiety & Depression	13 De-escalating Cycles of Conflict
17 Compassionate Parenting & Self-Compassion	18 Grief: The Healing Process After Loss	19 Everyday Happiness	20 What Parents Need to Know About Suicide Prevention
24 Bullying - Stop the Cycle	25 Building Your Child's Confidence	26 Emotional Regulation: Recognizing What's Wrong	27 How to Motivate Your Child
31 Navigating Divorce When Children are Involved	Or register at https://parentguidance.org/mhsindex For registration support, contact: info@cookcenter.org		

Ask A Therapist LIVE
Wednesday, March 12th
6:00 PM MT
<https://cookcenter.info/ATLMar12>

Strengthen Your Relationships
FREE WORKSHOP
for parents of kids aged 9-14

GUIDING GOOD CHOICES

MONDAYS 6PM-8PM
LINDON COMMUNITY CENTER
25 N Main St. Lindon

Guiding Good Choices gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or maintain lasting relationships, because teenagers who are more closely connected to their families have better health and educational outcomes.

Sign up now!

Practicing Your Growth Mindset Class
Thursdays 5-6pm
*Sign up for each monthly session
Taught by a Master in Therapeutic Recreation MTRS

Adolescence can be a time of self-discovery and rapid growth, physically and mentally. This class will be an opportunity for adolescents aged 12-17 to practice growth mindset through recreational therapy (RT). Growth mindset is a term used in positive psychology which reframes that challenges are opportunities for growth. This class will provide therapeutic activities with peers in self-expression, healthy thinking, gratitude, learning from failure, resilience, and adaptability.

SCAN HERE!

Brought FREE to you by
LINDON CARES
QUESTIONS? CONTACT JAMIE 801-769-8625
jensen@lindon.gov

FOOTBALL
SUMMER CAMP
MAY 28TH & MAY 29TH
2-4 PM

Timpanogos Youth Football 2-Day Summer Camp!
Join us for expert coaching, fun drills, and scrimmages with current high school coaches and players!
Timpanogos High School Football Field
Don't miss the action—level up your game!

REGISTER NOW AT
TIMPANGOGOSYOUTHFOOTBALL.COM

REMINDERS:

2024-2025 STAKEHOLDERS' REPORT

Each year we have the opportunity to share with our community how we are doing as a school. This comes in the form of our Stakeholders' Report. It is a way for us to communicate how our students are doing academically as well as school initiatives and priorities. In this report we are also able to share how we are using our Land Trust monies to forward these initiatives and priorities. Please click [here](#) to see this year's Stakeholders' Report!

SAFETY MESSAGE FROM ALPINE SCHOOL DISTRICT

Dear Parents and Students,

Thank you for choosing Alpine School District for your children's education. Our top priority is to provide a safe and engaging learning environment for every student and employee. The safety of everyone is a shared responsibility between District and School staff and families. We play a critical role in ensuring the safety of everyone and thus providing a learning environment whereby students can thrive academically, socially, and emotionally. We invite you to partner with us in these efforts by sharing the responsibilities outlined in this safety compact.

We want to share additional information on [Utah Code 53G-8-205](#) - Grounds for suspension or expulsion from a Public School. Schools across the nation are experiencing an increase in incidents where students have brought firearms, airsoft guns, look-alike or toy guns, knives, engaged in acts of violent behavior, and posted threats on social media with the intent to intimidate or harm others. Although many students who have created the potential of unsafe situations claim that they were joking – it is not a joke. We take every threat or the possibility of an unsafe situation very seriously. Alpine District has implemented the CSTAG ([Comprehensive School Threat Assessment Guidelines](#)) threat assessment protocol in all of our schools. This is a structured process used to identify, evaluate, and respond to potential threats of violence, aiming to prevent incidents by taking proactive measures to address concerning behaviors before they escalate into actual violence. This involves gathering information, analyzing the threat level, and implementing appropriate interventions based on the assessment findings. If a student makes a threat involving a weapon, disciplinary action will be taken, which may include suspension or expulsion. We encourage you to discuss the seriousness of these matters with your student.

Invitation

Parents/Guardians

- Dialogue with your student(s) that every student has a right to a safe learning environment.
- Practice with your students how to report to a trusted adult at the school when they hear something that threatens the safety of others.
- Monitor your children's social media posts. If you see something that can threaten your child's or others' safety, please report it to your school's administrator or local authorities.
- Review this school safety invitation with your students.
- Lock up and protect your weapons from student access.
- Talk to your student(s) about the seriousness of making threats involving weapons.

Students

- Report to your parents/guardian or your school's administration if you hear that something is unsafe or that another student is going to harm someone. Students can also make an anonymous report to [SafeUT](#).
- Understand that every threat or the potential of an unsafe situation is taken very seriously, and serious consequences will be applied, including suspension and expulsion when appropriate.
- Social media posts can leave a digital footprint. Post wisely.

Thank you for partnering with us as we work together to keep all of our students safe.

